Understanding Social Determinants of Health

What is SDOH?

Social Determinants of Health (SDOH) are defined as conditions in the places where people live, learn, work, and play that affect a wide range of health risks and outcomes[1].

Why are Social Determinants of Health so important?

Identification and tracking of SDOH will allow providers, hospitals and health systems to better track patient needs and identify solutions to improve the health of their communities[2].

Using SDOH ICD-10 Codes

On the following pages you'll find a list of ICD-10 codes that identify specific SDOH. As a care provider, you play an important role in helping identify members who may need additional support beyond medical care. If you're providing care to an Aetna Better Health of Virginia member you may notice a SDOH that may need to be addressed. You can refer to the following list of ICD-10 codes below and include the appropriate code(s) on claims you submit.

By using the SDOH codes, you'll be helping us identify areas of opportunity for our members. As a result, we can integrate appropriate Chronic Care management with preventive health while connecting members with needed community services.

You can also submit a request for Care Management services for our members by calling **1-800-279-1878** (TTY: **711**).

1 Healthy People 2020. Social Determinants of Health
2 American Hospital Association, ICD-10-CM Coding for Social Determinants of Health, April 2018 (www.aha.org)

Quality Toolkit
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Social Determinants of Health ICD-10 Codes

Problems related to housing and economic circumstances (Z59)

Z59.0	Homelessness
Z59.1	Inadequate housing
Z59.2	Discord with neighbors, lodgers and landlord
Z59.3	Problems related to living in residential institutions
Z59.4	Lack of adequate food and safe drinking water
Z59.5	Extreme poverty
Z59.6	Low income
Z59.7	Insufficient social insurance and welfare support
Z59.8	Other problems related to housing and economic circumstances
Z59.9	Problems related to housing and economic circumstances, unspecified

Contact with/suspected exposure to hazardous substances (Z77)

Z77.011	Contact with and suspected exposure to lead
Z77.090	Contact with and suspected exposure to asbestos

Problems related to education and literacy (Z55)

Z55.0	Illiteracy and low level literacy
Z55.1	Schooling unavailable and unattainable
Z55.3	Underachievement in school
Z55.4	Education maladjustment and discord with teachers and classmates
Z55.9	Problems related to education and literacy, unspecified

Problems related to employment and unemployment (Z56)

Z56.0	Unemployment, unspecified
Z56.1	Change of job
Z56.2	Threat of job loss
Z56.3	Stressful work schedule
Z56.4	Discord with boss and workmates
Z56.5	Uncongenial work environment
Z56.81	Sexual harassment on the job
Z56.82	Military deployment status
Z56.9	Unspecified problems related to employment

Problems related to medical facilities and other health care (Z75)

Z75.3	Unavailability & inaccessibility of health care facilities
Z75.4	Unavailability & inaccessibility of other helping agencies

Problems related to other psychosocial circumstances (Z65)

Z65.0	Conviction in civil and criminal proceedings without imprisonment
Z65.1	Imprisonment and other incarceration
Z65.2	Problems related to release from prison
Z65.3	Problems related to other legal circumstances
Z65.4	Victim of crime and terrorism
Z65.5	Exposure to disaster, war and other hostilities

Occupational exposure to risk factors (Z57)

Z57.0	Occupational exposure to noise
Z57.1	Occupational exposure to radiation
Z57.2	Occupational exposure to dust
Z57.3	Occupational exposure to other air contaminants
Z57.4	Occupational exposure to toxic agents in agriculture
Z57.5	Occupational exposure to toxic agents in other industries
Z57.6	Occupational exposure to extreme temperature
Z57.7	Occupational exposure to vibration

Problems related to social environment (Z60)

Z60.0	Problems of adjustment to life-cycle transitions
Z60.2	Problems related to living alone
Z60.3	Acculturation difficulty
Z60.4	Social exclusion and rejection
Z60.5	Target of (perceived) adverse discrimination & persecution
Z60.8	Other problems related to social environment
Z60.9	Problems related to social environment, unspecified

Other problems related to primary support group, including family circumstances (Z63)

Z63.3	Absence of family member
Z63.4	Disappearance and death of a family member
Z63.5	Disruption of family by separation and divorce
Z63.6	Dependent relative needing care at home
Z63.7	Other stressful live events affecting family & household
Z63.71	Stress on family due to return of family member from military deployment
Z63.72	Alcoholism and drug addiction in family

Problems related to certain psychosocial circumstances (Z64)

Z64.0	Problems related to unwanted pregnancy
Z64.1	Problems related to multiparity
Z64.4	Discord with counselors

Problems related to upbringing (Z62)

Z62.0	Inadequate parental supervision and control
Z62.1	Parental overprotection
Z62.2	Upbringing away from parents
Z62.21	Child in welfare custody
Z62.22	Institutional upbringing
Z62.3	Hostility towards and scapegoating of child
Z62.6	Inappropriate (excessive) parental pressure
Z62.8	Other specified problems related to upbringing
Z62.81	Personal history of abuse in childhood
Z62.812	Personal history of neglect in childhood
Z62.819	Personal history of unspecified abuse in childhood
Z62.82	Parent-child conflict
Z62.891	Sibling rivalry