



EPSDT Toolkit



Aetna Better Health® of Virginia

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What is EPSDT?

Early and Periodic Screening, Diagnosis and Treatment Services (EPSDT) is a comprehensive and preventive child health program for individuals under the age of 21. It includes periodic screening, vision, dental and hearing services.

Virginia's EPSDT program goals are to keep children as healthy as possible by ensuring that:

- Health and developmental concerns are diagnosed as early as possible.
- Treatment is provided before problems become complex.
- Medically justified services are provided to treat or correct identified problems.

Who is eligible?

- Children under the age of 21 who receive Medicaid through Medicaid/FAMIS Plus or a managed care organization (MCO) and who are eligible to receive the full scope of Medicaid/EPSDT services
- FAMIS children who are not enrolled with an MCO
- MCO-enrolled FAMIS children who receive well child services through their MCO but are not eligible for the full scope of EPSDT treatment

Who can conduct EPSDT screenings?

- Physicians, physician assistants or certified nurse practitioners
- Federally qualified health care centers
- Rural health clinics
- Local health departments
- School-based health clinics
- Other clinics approved by the Department of Medical Assistance Services (DMAS)

Required EPSDT screening components

1. A comprehensive health and developmental history (including assessment of both physical and mental health development)
2. A comprehensive unclothed physical exam
3. Vision screening by a standardized testing method according to the American Academy of Pediatrics Periodicity Schedule
4. Hearing screening by a standardized testing method according to the DMAS Periodicity Schedule
5. Developmental screening with a standard screening tool according to the American Academy of Pediatrics guidelines
6. Age-appropriate immunizations as needed according to the Advisory Committee on Immunization practices guidelines
7. Laboratory tests (including mandatory lead blood testing at 12 and 24 months) or for a new patient with unknown history up to 72 months or as appropriate for age and risk factors
8. Health education/anticipatory guidance/problem-focused guidance and counseling
9. Referral to a dentist at age of one year
10. Referrals for medically necessary health and mental health treatment

Regardless of the health care delivery system (whether MCO or fee-for-service), the comprehensive health screening/well child visit content should be aligned with the most current

recommendations of the *American Academy of Pediatrics Guidelines for Health Supervision*. Another resource for preventive health guidelines is the American Academy of Pediatrics-compatible *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*.

All EPSDT treatment services requests must be deemed medically necessary to correct or ameliorate a health or mental health condition. The need for a specialist referral or treatment must be documented by a physician. Services considered experimental or investigational are not covered.

EPSDT specialized services are medically necessary treatment services that are not a routinely covered service through Virginia Medicaid. All specialized services must be a service that is allowed by CMS. The allowable treatment services are defined in the United States code in *42 U.S.C. sec 1396d (r) (5)*, the most frequently being:

- Hearing aids.
- Assistive technology.
- Personal care.
- Private duty nursing.
- Behavioral therapy.
- Medical formula and medical nutritional supplements.
- Specialized residential behavioral therapy and residential treatment.
- Substance abuse residential treatment services.

Dental referral [3]						^	^	*	^	^	^	^	^	^	^	^	Refer
ANTICIPATORY GUIDANCE																	
Counseling/ referral for identified problems	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	Yearly

[1] BMI percentile is required with height & weight; may use BMI growth chart.

[2] Children with specific risk factors should have blood pressure taken at visits before age 3.

[3] Referrals for dental care should be given at first tooth eruption or at 12 months and for any problem identified. Ask about dental home at each visit. AAPD recommends dental exam every six months after tooth eruption.

[4] STI and cervical dysplasia screenings should be conducted on all sexually active females ages 11 to 21.

* to be performed

^ Conduct a risk assessment. If high risk conditions exist, perform screening and/or referral as indicated.

<<< * >>> Range during which a service may be provided

downloads.aap.org/AAP/PDF/periodicity_schedule.pdf

Newborn and two to five days assessment

Physical Exam	Risk Assessment	Development	Behavioral/Social	Anticipatory Guidance topics	History
Weight, length percentile	Blood pressure	Suck, swallow	Parental concerns	Car seat, facing back; heatstroke prevention	Exams, screenings
Head circumference	Hearing	Breathe easily	Support for parents	Smoke-free Environment	Hep B
TPR	Vision	Turns, calms to mom's voice	Family makeup	Smoke detectors in home	Weeks' gestation
General appearance	Metabolic/hemoglobinopathy	Eats well	Any major changes in family health	Hot water temperature <120° F	Birth weight
Head, fontanel		Stays awake for a short time to feed		No bottle propping	Issues, concerns
Neck		Keep hands in a fist		Sleep on back	
Eyes, red reflex, strabismus		Move arms and legs at the same time when startled		Well-fitted crib mattress, no pillows	
Ears, nose, mouth/throat				Never shake baby	
Lungs	Nutrition	Common Problems		Nutrition/ feedings	Plan/ referrals
Heart	Breast, how long, frequency	Constipation		No solid food	Immunization status
Abdomen	Formula, oz. and frequency	Sleep		Sponge bath	Hepatitis B # 1 (if indicated)
Femoral pulses	Brand w/iron	Spitting up		Cord, circumcision care	Ophthalmology referral (if <32 weeks)
Umbilical cord	Water source	Excessive crying		Bowel movements	
Genitalia (male testes, circumference)	Well, city or bottled			General newborn care	
Spine	Number of wet diapers/day			Taking temperature: Fever >100.4 °F rectal	
Extremities	Stools/day			When to call the doctor	
Hips	WIC				
Skin					
Neuro					

One-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Lifts head when Prone	Maternal/ Caregiver Depression	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing	Begins to smile	Parental concerns	Smoke-free Environment; including e-cigarette	Medication Review
TPR	Vision	Follows parent With eyes	Vision	Smoke detectors In home	Interval history
General appearance	Metabolic/ hemoglobinopathy	Turns to parent's voices	Hearing	Hot water temperature <120° F	Changes in family health
Head, fontanel			Development	No bottle propping	
Neck	Tuberculosis risk assessment			Sleep on back, tummy time	
Eyes, red reflex, strabismus	Maternal depression			Well-fitted crib Mattress, no pillows	
Ears, nose, mouth/throat				Never shake baby	
Lungs	Nutrition	Common Problems	Social/family history	Nutrition/feedings	Plan/referrals
Heart	Breast, how long, frequency	Constipation	Parent/child Adjustment	Techniques to calm	Immunization status
Abdomen	Formula, oz. and frequency	Sleep	Any major changes in family	Cord, circumcision care	Vitamin D if Breastfed
Femoral pulses	Brand w/iron	Spitting up	Maternal Depression	Elimination	TB test if at risk
Umbilical cord	Water source	Excessive crying	Support for parents	Taking temperature- Fever >100.4 °F rectal	
Genitalia (male testes, circumference)	Well, city or bottled	Colic	Sibling response to baby	When to call the doctor	
Spine	Number of wet Diapers/day	Stuffy nose	Child care plans	Avoid anything around the baby's neck	
Extremities	Stools/day		Work plans	Learn infant CPR	
Hips	WIC		Violence or abuse		
Skin			Has mother had postpartum follow-up		
Neuro					

Two-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Begins to push up when prone	Maternal/ Caregiver Depression	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing	Holds head up when held	Parental concerns	Smoke-free Environment	Medication review
TPR	Vision	Begins to smile	Vision	Smoke detectors In home	Interval history
General appearance	Metabolic/ hemoglobinopathy	Follows parent with eyes	Hearing	Hot water temperature <120° F	Special health care needs
Head, fontanel		Turns to parent's voice	Development	Never leave baby alone in bathwater, bath seat or ring	Changes in family health
Neck		Coos		Sleep on back, tummy time	
Eyes, red reflex, strabismus	Maternal depression	Opens and shuts hands		Well-fitted crib mattress, no pillows	
Ears, nose, mouth/throat		Cries when bored (no activity)		Never shake baby	
Lungs		Symmetrical movement		Don't drink hot liquids while holding baby	
Heart	Nutrition	Common Problems	Social/family history	Nutrition/feedings	Plan/referrals
Abdomen	Breast, how long, frequency	Constipation	Parent/child Adjustment	Delay solids	Immunization status
Femoral pulses	Formula, oz. and frequency	Sleep	Any major changes in family	Elimination	Hep B, DTaP, Hib, IPV, PCV13, RV
Umbilical cord	Brand w/iron	Spitting up	Maternal depression	Techniques to calm	Vitamin D if breastfed
Genitalia (male testes)	Cereal	Excessive crying	Support for parents	Rolling over and preventing falls	
Spine	Water source	Colic	Sibling response to baby	When to call the doctor	
Extremities	Well, city or bottled	Stuffy nose	Child care plans		
Hips	Stools/day	Diaper rash	Work plans		
Skin	WIC		Violence or abuse		
Neuro					

Four-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Push up to elbows when prone	Parental concerns	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing	Head control	Vision	Smoke-free Environment	Medication Review
TPR	Vision	Rolls over from tummy to back	Hearing	Smoke detectors In home	Interval history
General appearance	Anemia risk assessment	Responds to affection	Development	Sleep and daily routines	Special health care needs
Head, fontanel	Maternal depression	Babbles and coos		Hot water temperature <120° F	Changes in family health
Neck		Plays with their fingers		Bath safety	
Eyes, red reflex, strabismus		Keeps hands open, not in fists		No bottle propping	
Ears, nose, mouth/throat		Grasps objects		Sleep on back, tummy time	
Lungs	Nutrition	Common Problems	Social/family history	Crib safety	Plan/referrals
Heart	Breast, how long, frequency	Constipation	Any major changes in family	Never shake baby	Immunization status
Abdomen	Formula, oz. and frequency	Sleep	Family support	Nutrition/feedings	DTaP, Hib, IPV, PCV13, RV
Femoral pulses	Brand w/iron	Spitting up	Working out of the home	Solid foods-when and how to add	Vitamin D if breastfed
Umbilical cord	Cereal	Excessive crying	Child care	Weight gain	
Genitalia (male testes)		Colic	Violence or abuse	Elimination	
Spine		Stuffy nose	Read, sing to baby	Walkers	
Extremities	Water source	Diaper rash		Rolling over and preventing falls	
Hips	Well, city or bottled			Choking	
Skin	Other liquids				
Neuro	WIC				

Six-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Able to sit briefly without support	Maternal/caregiver depression	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing	Head control	Parental concerns	Smoke-free Environment	Medication Review
TPR	Vision	Roll over from back to tummy	Vision	Smoke detectors In home	Interval history
General appearance	Tuberculosis risk screening	Responds to affection	Hearing	Sleep and daily routines	Special health care needs
Head, fontanel	Dental/oral risk assessment	Jabbers and laughs	Development	Hot water temperature <120° F	Changes in family health
Neck	Lead-risk screening	Self-comfort		Drowning	
Eyes, red reflex, strabismus	Maternal depression	Puts things in mouth		No bottle propping	
Ears, nose, mouth/throat		Looks when you call their name		Sleep on back, tummy time	
Lungs	Nutrition	Common Problems	Social/family history	Kitchen safety	Plan/referrals
Heart	Breast, how long, frequency	Constipation	Any major changes in family	Brushing teeth	Immunization status
Abdomen	Formula, oz. and frequency	Sleep	Family support	Sunscreen and hat when baby is outside	DTaP, Hib, IPV, PCV13, RV, Influenza
Femoral pulses	Brand w/iron	Spitting up	Working out of the home	Gates at tops and bottoms of stairs	Vitamin D if breastfed
Umbilical cord	Cereal	Excessive crying	Child care	Household cleaners, chemicals and medicines locked up	Lead screening, if at risk
Genitalia (male testes)		Colic	Violence or abuse		TB test, if at risk
Spine	Water source	Stuffy nose	Talk, read to baby		Fluoride varnish, if indicated
Extremities	Well, city or bottled, fluorinated	Diaper rash	Play peekaboo and patty-cake		Oral fluoride if indicated
Hips	Other liquids				
Skin	WIC				
Neuro					

Nine-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Sits well without support	Parental concerns	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing	Pulls to stand	Vision	Smoke-free Environment	Medication Review
TPR	Vision	Crawls	Hearing	Smoke detectors In home	Interval history
General appearance	Dental/oral risk assessment	Imitates sounds	Development	Sleep and daily routines	Special health care needs
Head, fontanel	Developmental screening	Plays peek-a-boo	Goes to parent for comfort	Burns	Changes in family health
Neck	Lead-risk screening	Puts things in mouth	Stranger anxiety	Drowning	
Eyes, red reflex, strabismus		Looks for dropped items		Age-appropriate discipline	
Ears, nose, mouth/throat		Wave bye-bye		No bottle in bed or propping	
Lungs	Nutrition	Bang objects together	Social/family history	First dental visit	Plan/referrals
Heart	Breast, how long, frequency	Moves easily between sitting and lying	Any major changes in family	Child-proof home	Immunization status
Abdomen	Formula, oz. and frequency	Crawl on hands and knees	Family support	Brushing teeth	Catch-up immunizations
Femoral pulses	Brand w/iron	Say "Dada" or "Mama"	Child care	Solid foods	Dental, if risk or tooth eruption
Umbilical cord	Cereal		Violence or abuse	Self-feeding	Lead screening, if at risk
Genitalia (male testes)	Vary thickness and lumpiness of baby's food		Talk, read to baby	Choking-finger foods	Fluoride varnish, if indicated
Spine	Water source			Drinking from a cup	Oral fluoride if indicated
Extremities	Well, city or bottled, fluorinated			Separation anxiety	
Hips	Other liquids			Falls, window guards	
Skin	WIC			Poisons	
Neuro				No TV	
				Teething	

12-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Waves bye-bye	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing	Pulls to stand, walks holding on	Vision	Smoke-free Environment	Medication Review
TPR	Vision	Copies gestures	Hearing	Smoke detectors In home	Interval history
General appearance	Anemia screening	Imitates sounds	Development	Sleep and daily routines	Special health care needs
Head, fontanel	Dental/oral risk assessment	Plays peek-a-boo	Praise for good behavior	Burns	Changes/concerns/ Child health
Neck	Blood lead screening	Follows simple directions	Stranger anxiety	Drowning	Changes in family health
Eyes, red reflex, alignment	TB risk assessment	Speaks 1 or 2 words	Separation anxiety	Age-appropriate discipline	
Ears, nose, mouth/throat		Drinks from a cup		No bottle in bed or propping	
Lungs	Nutrition		Social/family history	Weaning	Plan/referrals
Heart	Breast, how long, frequency		Any major changes in family	Child-proof home	Immunization status
Abdomen	Formula, oz. and frequency		Family support	Brushing teeth	Varicella, Hib, MMR, IPV, PCV13, Hep A, Hep B, Influenza
Femoral pulses	Brand w/iron		Child care	Solid foods	Catch-up immunizations
Umbilical cord	Cereal		Violence or abuse	Choking-finger foods	Vitamin D if breastfed
Genitalia (male testes)			Talk, read to baby	Drinking from a cup	Dental home or referral
Spine	Water source			Separation anxiety	Blood lead screen
Extremities	Well, city or bottled, fluorinated			Fall/window guards	TB test, if at risk
Hips	Other liquids			Poisons	Hematocrit or hemoglobin
Skin	WIC			No TV	Fluoride varnish, if indicated
Neuro	Weaned				Oral fluoride if indicated

15-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Says 2 or 3 words	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing	Walks well	Vision	Carbon monoxide detectors	Medication Review
TPR	Vision	Bends down without falling	Hearing	Smoke detectors in home	Interval history
General appearance	Anemia Risk Assessment	Scribbles	Development	Age-appropriate discipline	Special health care needs
Head, fontanel		Tries to do what others do	Temper tantrums	Consistent bedtime routine	Changes in family health
Neck		Follows simple commands	Discourage hitting, biting, other aggressive behaviors	Burns	
Eyes, red reflex, alignment		Listens to a story		First dental visit	
Ears, nose, mouth/throat		Puts a block in a cup		Healthy food/snack choices	
Teeth: caries, staining spots				Falls	
Lungs	Nutrition		Social/family history	Poisons	Plan/referrals
Heart	Breast, how long, frequency		Any major changes in family	No TV	Immunization status
Abdomen	Formula, oz. and frequency		Family support		DTaP, IPV, Hep A
Femoral pulses	Brand w/iron		Child care		Fluoride varnish, if indicated
Umbilical cord	Cereal		Violence or abuse		Dental home or referral
Genitalia (male testes)			Talk, read to baby		Blood lead screen, if not done
Spine	Water source				TB test, if at risk
Extremities	Well, city or bottled, fluorinated				Oral fluoride if indicated
Hips	Other liquids				
Skin	WIC				
Neuro	Weaned				

18-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Says 6 words	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing	Walks up steps	Vision	Carbon monoxide detectors	Medication Review
TPR	Vision	Runs	Hearing	Smoke detectors in home	Interval history
General appearance	Anemia risk screening	Laughs in response to others	Development	Child-proof home	Special health care needs
Head, fontanel	Lead risk screening	Points to one body part	Temper tantrums/ time outs	Age-appropriate discipline	Changes in family health
Neck	Autism screening	Uses spoon and cup	Discourage hitting, biting, other aggressive behaviors	Consistent bedtime routine	
Eyes, red reflex, alignment	Dental/oral risk assessment	Stacks two blocks		Burns	
Ears, nose, mouth/throat	Developmental screening	Points at objects		First dentist visit	
Teeth: caries, staining spots		Helps to dress/undress		Healthy food/snack choices	
Lungs	Nutrition		Social/family history	Falls	Plan/referrals
Heart	Weaned/bottle/breast		Any major changes in family	Poisons	Immunization status
Abdomen	Fruits		Family support	No TV	Catch-up immunizations
Femoral pulses	Vegetables		Violence or abuse	Toilet training readiness	Fluoride varnish, if indicated
Umbilical cord	Meat		Talk, read, sing to baby		Dental home or referral
Genitalia (male testes)	Appetite				Lead screen, if at risk
Spine	Dairy				TB test, if at risk
Extremities					
Hips	Water source				
Skin	Well, city, bottled, fluoridated				Oral fluoride if indicated
Neuro	WIC				

24-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Says 6 words	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing	Stands on tip toe	Vision	Carbon monoxide detectors	Medication Review
TPR	Vision	Runs	Hearing	Smoke detectors in home	Interval history
General appearance	Anemia risk screening	Knows names of familiar people and body parts	Development	Child-proof home	Special health care needs
Head, fontanel	Lead screening	Plays alongside other children	Temper tantrums/ time outs	Age-appropriate discipline	Changes in family health
Neck	Tuberculosis risk assessment	Throws a ball overhand	Playing with other children	Consistent bedtime routine	
Eyes, red reflex, alignment	Autism screening	Stacks 5 to 6 blocks	Self-expression	Burns	
Ears, nose, mouth/throat	Dyslipidemia risk assessment	Turns pages of a book 1 at a time		Physical activity	
Teeth: caries, staining spots	Dental/oral risk assessment			Bike helmet	
Lungs	Nutrition		Social/family history	Picky eater	Plan/referrals
Heart	Weaned/bottle/breast		Any major changes in family	Guns	Immunization status
Abdomen	Fruits		Family support	Poisons	Influenza
Femoral pulses	Vegetables		Violence or abuse	Limit TV to 1 to 2 hours/day	Catch-up immunizations
Umbilical cord	Meat		Talk, read, sing to baby	Toilet training	Fluoride varnish, if indicated
Genitalia (male testes)	Appetite		Model appropriate language		Dental home or referral
Spine	Dairy		Screen time		Blood lead screen
Extremities					Autism screen
Hips	Water source				Lipid profile, if at risk
Skin	Well, city, bottled, fluoridated				Oral fluoride if indicated
Neuro	WIC				TB test, if at risk

30-month assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Weight, length (W/L) percentile	Blood pressure	Puts 3 to 4 words together	Parental concerns	Car seat safety	Follow-up previous visit
TPR	Hearing	Jumps up and down	Vision	Carbon monoxide detectors	Medication Review
General appearance	Vision	Washes and dries hands	Hearing	Smoke detectors in home	Interval history
Head, fontanel	Dental/oral risk assessment	Knows animal sounds	Development	Child-proof home	Special health care needs
Neck	Anemia risk assessment		Plays with other children	Outdoor safety	Changes in family health
Eyes, red reflex, alignment	Developmental screening		Screen time <2 hours	Consistent routines	
Ears, nose, mouth/throat			Temperament	Sun exposure	
Teeth: caries, staining spots			Set limits	Physical activity	
Lungs				Bike helmet	
Heart	Nutrition		Social/family history	Picky eater	Plan/referrals
Abdomen	Weaned/bottle/breast		Changes since last visit	Guns	Immunization Status
Femoral pulses	Fruits		Parents working outside home	Poisons	Catch-up immunizations
Genitalia (male testes)	Vegetables		Child care type	Limit TV to 1 to 2 hours/day	Fluoride varnish, if indicated
Spine	Meat		Daily reading	Toilet training	Dental home or referral
Extremities	Appetite		Preschool		Influenza if not received for the year
Hips	Dairy				
Skin					
Neuro	Water source				
	Well, city, bottled, fluoridated				Oral fluoride if indicated
	WIC				

3-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing	Puts 2 to 3 sentences together	Parental concerns	Car seat safety	Follow-up previous visit
TPR-BP	Vision	Stands on one foot	Vision	Carbon monoxide detectors	Medication Review
General appearance	Dental/oral risk assessment	Knows if boy or girl	Hearing	Smoke detectors in home	Interval history
Head	Anemia risk screening	Names objects	Development	Smoke-free environment	Special health care needs
Neck	Lead risk screening	Imaginary play	Plays with other children	Child-proof home	Changes in family health
Eyes	Tuberculosis risk screening		Screen time <2 hours	Outdoor safety	
Ears, nose, mouth/throat			Manage anger	Consistent routines	
Teeth: caries, staining spots			Reinforce good behavior	Sun exposure	
Lungs	Nutrition		Social/family history	Physical activity	Plan/referrals
Heart	Fruits		Changes since last visit	Bike helmet	Immunization Status
Abdomen	Vegetables		Parents working outside home	Supervise outside, street safety	Influenza
Femoral pulses	Meat		Child care type	Guns	Catch-up immunizations
Genitalia (male testes)	Appetite		Read, sing, play	Poisons	Fluoride varnish, if indicated
Spine	Dairy		Preschool	Limit TV to 1 to 2 hours/day	Dental referral
Extremities			Family activities		
Hips			Parent/child interaction		Oral fluoride if indicated
Skin	Water source				
Neuro	Well, city, bottled, fluoridated				
	WIC				

4-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing-audiometry	Puts 2 to 3 sentences together	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
TPR-BP	Vision	Hops on 1 foot	Vision	Carbon monoxide detectors	Medication Review
General appearance	Dyslipidemia risk Assessment	Knows name, age and gender	Hearing	Smoke detectors in home	Interval history
Head, fontanel	Anemia risk screening	Names 4 colors	Development	Smoke-free environment	Special health care needs
Neck	Lead risk screening	Dresses self	Plays with other children	Safety rules with adults	Changes in family health
Eyes, red reflex, alignment	Tuberculosis risk screening	Brushes own teeth	Screen time <2 hours	Daily reading	
	Dental/oral risk assessment				
Ears, nose, mouth/throat	Assess	Draws a person	Curiosity about sex	Consistent routines	
Teeth: caries, staining spots	Language/speech			Sun exposure	
Lungs	Fine/gross motor skills		Social/family history	Daily physical activity	Plan/referrals
Heart	Gait		Changes since last visit	Bike helmet	Immunization status
Abdomen	Nutrition		Parents working outside home	Supervise outside, street safety	DTaP, IPV, MMR, Varicella, Influenza
Femoral pulses	Fruits		Preschool	Guns	Catch-up immunizations
Genitalia (male testes)	Vegetables		Family activities	Poisons	Fluoride varnish, if indicated
Spine	Meat		Parent/child interaction	Limit TV to 1 to 2 hours/day	Dental home or referral
Extremities	Appetite		Helps at home		Lipid profile, if at risk
Hips	Dairy				Audiometry
Skin					
Neuro	Water source				
	Well, city, bottled, fluoridated				Oral fluoride if indicated
	WIC				

5- to 6-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing-audiometry	Good language skills	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
TPR-BP	Vision exam	Speaks clearly	Vision	Smoke/carbon monoxide detectors	Medication Review
General appearance	Anemia risk screening	Balances on one foot	Hearing	No smoking in home	Interval history
Head, fontanel	Lead risk screening	Ties a knot	Development/ Learning	Sexual safety	Special health care needs
Neck	Dental assessment	Counts to 10	Attention	Swimming safety	Changes in family health
Eyes	Tuberculosis risk assessment	Copies squares and triangles	Social interaction	Consistent routines	
Ears, nose, mouth/throat	Dyslipidemia, if not previously screened with normal results	Draws a person (6 parts)	Cooperation/ Oppositional	Sun exposure	
Teeth: caries, staining spots	Assess		Sleep	Safety helmets	
Lungs	Language/speech			Street safety	
Heart	Fine/gross motor skills		Social/family history	Guns	Plan/referrals
Abdomen	Gait		Changes since last visit	Brushing/flossing teeth	Immunization status
Femoral pulses	Nutrition		Parents working outside home	Limit TV	Influenza
Genitalia (male testes)	Fruits		After school care/activities	Well-balanced diet, including breakfast	Catch-up immunizations. Covid-19 vaccine recommended
Spine	Vegetables		Parent/child/sibling interaction	Healthy weight	Fluoride varnish, if indicated 5 yrs
Musculoskeletal	Meat		School readiness	Daily physical activity	Dental referral
Skin	Appetite		Family time	Bullying	Audiometry
Neuro	Dairy				
	Water source				
	Well, city, bottled, fluoridated				Oral fluoride if indicated

7- to 8-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing	Good hand-eye coordination	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
TPR-BP	Vision exam	Enjoys hobbies and collecting	Vision	Smoke/carbon monoxide detectors	Medication Review
General appearance	Anemia risk screening	Uses reflective thinking	Hearing	No smoking in home	Interval history
Head	Tuberculosis risk screening	May experience guilt/shame	Development/ Learning	Sexual safety	Special health care needs
Neck	Dental assessment		Participates in after school activities	Swimming safety	Changes in family health
Eyes, red reflex, alignment	Dyslipidemia at 8 yrs if not previously screened with normal results		Doing well in school	Consistent routines	
Ears, nose, mouth/throat			Homework	Sun exposure	
Teeth: caries, gingival			Sleep	Safety helmets and pads	
Lungs	Nutrition		Social/family history	Street safety	Plan/referrals
Heart	Fruits		Changes since last visit	Guns	Immunization status
Abdomen	Vegetables		Parents working outside home	Brushing/flossing teeth	Influenza
Femoral pulses	Meat		After school care/activities	Limit TV and screen time	Catch-up immunizations
Breasts/Genitalia	Appetite		Parent/child/sibling interaction	Well-balanced diet, including breakfast	
Sexual maturity	Dairy		Parent/teacher concerns	Healthy weight	Dental referral
Spine	Eats breakfast		Eats meals as a family	Daily physical activity	Oral fluoride if indicated
Musculoskeletal				Bullying	
Skin					
Neuro	Water source				
	Well, city, bottled, fluoridated				

9- to 10-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing	Rough and tumble play	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
TPR-BP	Vision exam	Enjoys team games	Vision	Smoke/carbon monoxide detectors	Medication Review
General appearance	Anemia risk screening	Likes complex crafts and tasks	Hearing	No smoking in home	Interval history
Head	Tuberculosis risk screening	Ability to learn and apply skills	Development/ Learning	Sexual safety	Special health care needs
Neck	Dental assessment	Capable of longer interest	Self-control	Swimming safety	Changes in family health
Eyes	Dyslipidemia- once between 9 and 11 year	More abstract reasoning	Sense of accomplishment	Consistent routines	
Ears, nose, mouth/throat			Competitive	Sun exposure	
Teeth: caries, gingival				Safety helmets and pads	
Lungs	Nutrition		Social/family history	Street safety	Plan/referrals
Heart	Fruits		Changes since last visit	Guns	Immunization status
Abdomen	Vegetables		Parents working outside home	Brushing/flossing teeth	Influenza, can receive HPV
Femoral pulses	Meat		After school care/activities	Limit TV and screen time	Catch-up immunizations
Breasts/Genitalia	Appetite		Parent/child/sibling interaction	Well-balanced diet, including breakfast	Fluoride, if indicated
Sexual maturity	Dairy		More independent	Healthy weight	Dental referral
Spine	Eats breakfast		Very conscious of fairness	Daily physical activity	Lipid screening at 10 years
Musculoskeletal				Bullying	
Skin					
Neuro	Water source				
	Well, city, bottled, fluoridated				Oral fluoride if indicated

11- to 14-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing -once between 11 and 14 years	Understand abstract ideas	Parental concerns	Seat belts	Follow-up previous visit
TPR-BP	Vision exam- age 12 At each visit if family history of eye disorders	Pubic and underarm hair growth	Vision	Smoke/carbon monoxide detectors	Medication Review
General appearance	Anemia risk screening	<i>Girls</i>	Hearing	No smoking in home	Interval history
Head	Tuberculosis risk screening	Breast Development	Development/ Learning	Sexual safety	Special health care needs
Neck	Dental assessment	Menarche	Develop moral philosophies	Swimming safety	Changes in family health
Eyes and red reflex alignment	Dyslipidemia risk assessment	Rapid growth spurt	Self-esteem	Consistent routines	
Ears, nose, mouth/throat	Tobacco, alcohol/drug use assessment		Sexual activity	Sun exposure	
Teeth: caries, gingival	Depression Assessment – beginning at 12-year visit	<i>Boys</i>		Safety helmets and pads	
Lungs	STI & HIV risk screening- all sexually active females and high-risk males	Voice changes	Social/family history	Street safety	Plan/referrals
Heart	Nutrition	Genital growth	Changes since last visit	Guns	Immunization status
Abdomen	Fruits	Nocturnal emissions	Family relationships	Oral hygiene	Catch-up immunizations
Femoral pulses	Vegetables		After school care/activities	Limit TV and screen time	MenACWY, HPV, Tdap, Influenza, Covid-19 booster recommended
Breasts/Genitalia	Meat			Well-balanced diet, including breakfast	Fluoride, if indicated
Sexual maturity	Appetite			Healthy weight	Dental referral
Spine	Dairy			Daily physical activity	Oral fluoride if indicated
Musculoskeletal	Eats breakfast			Bullying	
Skin	Water source			Adequate sleep	
Neuro	Well, city, bottled, fluoridated			Stress and anger management	

15- to 17-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing -once between 15 and 17 years	Girls: full physical development	Parental concerns	Seat belts	Follow-up previous visit
TPR-BP	Vision exam- age 15 At each visit if family history of eye disorders	Boys: voice lowers, facial hair, gain muscle and height	Vision	Smoke/carbon monoxide detectors	Medication Review
General appearance	Anemia risk screening		Hearing	No smoking in home	Interval history
Head	Tuberculosis risk screening	Interest in new music, fashion	Development/ Learning	Sexual safety	Special health care needs
Neck	Dental assessment	Solve problems	Challenge school/parents' rules	How to prevent pregnancy, STDs, HIV	Changes in family health
	Lead risk screening				
Eyes and red reflex alignment	Dyslipidemia risk assessment – once between 17 and 21 years	More aware/sexual orientation	Dissatisfied with appearance	Sports safety- helmets, water	
Ears, nose, mouth/throat	Tobacco, alcohol/drug use assessment	Plans for future work/education		Sun exposure	
Teeth: caries, gingival	Depression Assessment			Alcohol	
	HIV test once between 15 and 18 years				
Lungs	STI risk screening- all sexually active females and high-risk males		Social/family history	Tobacco	Plan/referrals
Heart	Nutrition		Changes since last visit	Drugs	Immunization status
Abdomen	Fruits		More time with friends or alone	Oral hygiene	Catch-up immunizations
Femoral pulses	Vegetables		Begin interest in religion, politics, causes	Limit TV and screen time	MenACWY, HPV, Tdap, Influenza, Covid-19 booster recommended
Breasts/Genitalia	Meat		Seek more control over life	Well-balanced diet, including breakfast	Oral fluoride if indicated
Sexual maturity	Appetite		Positive family relationships	Healthy weight	Dental referral
Spine	Low-fat dairy			Daily physical activity	
Musculoskeletal	Eats breakfast			Adequate sleep	
Skin	Water source			Guns	
Neuro	Well, city, bottled, fluoridated			Stress and anger management	

18- to 21-year assessment

Physical Exam	Risk Assessment/screening	Development	Behavioral	Anticipatory Guidance topics	History
Height, Weight %; BMI percentile	Hearing- once between 18 and 21 year Vision if family history	Girls: full physical development	Responsibility for actions	Seat belts	Follow-up previous visit
TPR-BP	Anemia risk screening	Boys: may continue to gain muscle and height	Coping skills	Smoke/carbon monoxide detectors	Medication Review
General appearance	Tuberculosis risk screening	Sense of self		Work stress	Interval history
Head	Dental assessment	Self-reliant		Safe sex	Special health care needs
Neck	Tobacco, alcohol/drug use assessment	Makes own decisions		How to prevent pregnancy, STDs, HIV	Changes in family health
Eyes	Cervical dysplasia risk screening at 21 years	Sets goals		Sun exposure	
Ears, nose, mouth/throat	STI & HIV risk screening- all sexually active females and high-risk males	Plans for future work/education		Sports safety	
Teeth: caries, gingival	HIV – if not previously screened			Alcohol	
	Depression screening				
Lungs	Hepatitis C Virus- once between 18 and 79 yrs		Social/family history	Tobacco	Plan/referrals
Heart	Dyslipidemia- once if not done at 17 year		Changes since last visit	Drugs	Immunization status
Abdomen	Nutrition		Concerns about relationships	Oral hygiene	Influenza
Femoral pulses	Fruits		Living on their own	No texting while driving	Catch-up immunizations
Breasts/Genitalia	Vegetables			Well-balanced diet, including breakfast	TB test, if at risk
Sexual maturity	Meat			Healthy weight	Dental referral
Spine	Appetite			Daily physical activity	Lipid profile, if at risk
Musculoskeletal	Low-fat dairy			Stress management	
Skin	Eats breakfast				
Neuro	Water source				
	Well, city, bottled, fluoridated				

Common Chart Deficiencies

- Missing or undocumented anticipatory guidance
- Documenting “Patient Education Given” is not sufficient
- Sick visits in calendar year without well-visit(s)
- Fail to order blood lead test on Medicaid Member prior to second birthday

Billing Codes for EPSDT Visits

E & M Code	New Patient	E & M Code	Established Patient
99461	Normal newborn care (outpatient)		
99381	Well-care visit	99391	Well-care visit
	Age < 1 year		Age < 1 year
99382	Well-care visit	99392	Well-care visit
	Age 1 to 4		Age 1 to 4
99383	Well-care visit	99393	Well-care visit
	Age 5 to 11		Age 5 to 11
99384	Well-care visit	99394	Well-care visit
	Age 12 to 17		Age 12 to 17
99385	Well-care visit	99395	Well-care visit
	Age 18 to 21		Age 18 to 21
Modifier 25	Use for filing a same day sick and well care visit. Keep well visit as primary and Sick visit codes as secondary.		

ICD Codes	Description
Z68.51	BMI, Ped. Less than 5 th %ile for age
Z68.52	BMI, Ped. 5 th to less than 85 th %ile for age
Z68.53	BMI, Ped. 85 th %ile to less than 95 th %ile for age
Z68.54	BMI, Ped. Greater or equal to 95 th %ile for age
Z71.3	Counseling for nutrition
Z71.82	Physical Activity Counseling

CPT and HCPCS Codes

Code	Type		Code	Type
S0302	CPT	EPSDT service completed, use in addition to code for E & M service		
G0447	CPT	Counseling for Obesity can be used for Nutrition and Physical Activity		
96110	CPT	Standardized developmental screening or assessment tool, limited	G9966	HCPCS
96111	CPT	Developmental Screening, extended		
99173	CPT	Vision screening 3 – 20 years of age		
92551	CPT	Hearing screening 0- 20 years		
83655	CPT	Lead testing by lab		
36415	CPT	Venous sample for lead testing		
36416	CPT	Capillary sample for lead testing		
2000F	CPT II	Blood Pressure Measured		
3725F	CPT II	Depression Screening documented	G8431	HCPCS
3016F	CPT II	Screened for unhealthy alcohol use with systematic screening method		
3015F	CPT II	Cervical Cancer Screening results documented and reviewed		
1000F	CPT II	Tobacco Use Assessed		
3011F	CPT II	Lipid Panel results documented and reviewed		
		Hemoglobin level > or = to 10 g/dL	G8976	HCPCS
		Hemoglobin level less than 10 g/dL	G8973	HCPCS
		Documentation of sexual activity	G9818	HCPCS
		Well Child Visit received	G9964	HCPCS
D1120	CPT	Annual Dental Visit		
99188, D1206	CPT	Fluoride Varnish		
D1208	CPT	Fluoride Supplement		

Recommended Developmental Screening Tools

Parents' Evaluation of Developmental Status (PEDS) Birth to age 8	Parent-report instrument used to identify general developmental delay in the general primary care population
Parents' Evaluation of Developmental Status – Developmental Milestones (PEDS-DM)	
Ages and Stages Questionnaire (ASQ-3) 3rd edition	Parent-report instrument used to identify general developmental delay in the general primary care population and/or broad high-risk population
Bayley Infant Neurodevelopmental Screen (BINS)	Practitioner-administered instrument used to identify general developmental delay in the high-risk population
Survey of Well-Being in Young Children (SWYC)	

Recommended Tools for Focused Screening for Suspected Health Conditions

Cognitive Adaptive Test/Clinical Linguistic Auditory Milestone Scale Expressive and Receptive Language Scale (CAT/CLAMS)	Practitioner-administered instrument used to identify general developmental delay in the high-risk population
Language Development Survey (LDS)	A parent-report instrument used to identify language delay in the general primary care population
Clinical Linguistic Auditory Milestone Scale Expressive and Receptive Language Scale (CLAMS)	Practitioner-administered instrument used to identify language delay in the high-risk population
Modified Checklist for Autism in Toddlers (M-CHAT)	Parent-administer instrument used to screen for autism and developmental delay in the general primary care population

Helpful Links

Bright Futures	brightfutures.aap.org/
American Academy of Pediatrics	www.aap.org/
Centers for Disease Control and Prevention	www.cdc.gov/vaccines/schedules/index.html
Oral Health Practice Tools	www.aap.org/en/patient-care/oral-health/oral-health-practice-tools/
Caries- Risk Assessment and Management – American Academy of Pediatric Dentistry	www.aapd.org/globalassets/media/policies_guidelines/bp_cariesriskassessment.pdf
Mental Health Tools for Pediatrics	downloads.aap.org/AAP/PDF/Mental_Health_Tools_for_Pediatrics.pdf
Tuberculin Risk Assessment for Children Under 6 Years Old	www.vdh.virginia.gov/content/uploads/sites/112/2019/02/VA-TB-Risk-Assessment-for-Children-Under-6-and-User-Guide-2019.pdf
Tuberculin Risk Assessment for individuals 6 years and older	www.vdh.virginia.gov/content/uploads/sites/112/2019/02/VA-TB-Risk-Assessment-and-User-Guide-2019-1.pdf
Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents	publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and
HEDIS Provider Toolkit	www.aetnabetterhealth.com/virginia/providers/hedis.html

What Aetna Better Health Is Doing to Improve EPSDT Participation

<p>Monthly mailers sent to members' parents based on their child's birthday and gaps in care as reminders for:</p>	<ul style="list-style-type: none"> • Annual dental visit (11 to 14 years of age) • Adolescent well care visits • Child and adolescent immunization status • Lead screening in children • Well child visits in the first 15 months of life • Well child visits in the third through sixth years of life
<p>Text campaigns as reminders for:</p>	<ul style="list-style-type: none"> • Lead screening • Childhood obesity
<p>Ted E. Bear, M.D., Wellness Club</p>	<p>Newborns up to the age of 17 can qualify for a gift card one per year for completing their wellness exam after enrolling in the Ted E. Bear M.D. Wellness Club.</p> <ul style="list-style-type: none"> • \$10: Ages 0 through 4 • \$15: Ages 5 through 10 • \$20: Ages 11 through 13 • \$25: Ages 14 through 17 <p><u>AetnaBetterHealth.com/Virginia/rewards-program.html</u></p>
<p>\$50 gift card for receiving at least one back-to-school shot</p>	<p><u>AetnaBetterHealth.com/Virginia/member-materials-forms.html</u></p>

Contact Information

Aetna Better Health provider website	<u>AetnaBetterHealth.com/Virginia/providers/index.html</u>
Aetna Better Health helplines:	Medallion 4.0/FAMIS: 1-800-279-1878 (TTY: 711) CCC Plus: 1-855-652-8249 (TTY: 711)
Provider Portal (Avality)	Create an account: <u>www.availity.com/Essentials-Portal-Registration</u> Access your account: <u>apps.availity.com/availity/web/public.elegant.login</u> Avality technical support: 1-800-282-4548
DMAS helpline for providers	1-800-552-8627 (in state, toll-free long distance) 804-786-6273 (Richmond area, out-of-state long distance) Have Medicaid Provider Identification Number available when you call.
DMAS EPSDT provider manual	<u>vamedicaid.dmas.virginia.gov/manual-chapters/epsdt-supplement-b</u>
Virginia Medicaid Dental	1-888-912-3456 (TTY: 1-800-466-7566) <u>dentaquest.com/state-plans/regions/virginia/member-page</u>
Smiles for Children	Provider Relations – 1-800-936-0913
Vision care	Vision Service Plan: 1-800-877-7195 <u>www.vsp.com/eye-doctor</u>
Free transportation for members	ModivCare: 1-800-734-0430 (TTY: 711) <u>member.logisticare.com/en/login</u> Members must request transportation at least three business days before needed.