



Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

HEDIS® Measurement Year 2024

Measure description: The percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year.

- BMI percentile documentation*
- Counseling for nutrition
- Counseling for physical activity

*Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.

Numerator codes

There is a large list of approved NCQA codes used to identify the services included in the WCC measure.

For a complete list, refer to the NCQA website at www.ncqa.org.

Documentation requirements

BMI percentile documentation

Meets Criteria	Does Not Meet Criteria
Height, Weight, & BMI Percentile from the same data source	No BMI percentile documented in medical record or plotted on age-growth chart
BMI percentile plotted on an age-growth chart	
BMI percentile documented as a value (e.g., 85th percentile)	Notation of BMI value
Member-reported height, weight, BMI percentile is acceptable only if the information is collected by a primary care practitioner or specialist, if the specialist is providing a primary care service related to the condition being assessed, while taking a patient's history. The information must be recorded, dated, and maintained in the member's legal health record.	Ranges and thresholds for BMI percentile (e.g., 70-75 percentile)

Counseling for nutrition

Meets Criteria	Does Not Meet Criteria
Current nutrition behaviors checklist indicating nutrition was addressed	No counseling/education on nutrition and diet
Counseling or referral for nutrition education	Counseling/education before or after the measurement year
Anticipatory guidance for nutrition	Notation of "health education" or "anticipatory guidance" without specific mention of nutrition

Counseling for physical activity

Meets Criteria	Does Not Meet Criteria
Current physical activity, exercise routine, participation in sports activities and exam for sports participation	No counseling/ education on physical activity
Counseling or referral for physical activity Anticipatory guidance for physical activity	Notation of "health education" or "anticipatory guidance" without specific mention of physical activity
Weight or obesity counseling	Notation solely related to screen time without specific mention of physical activity