Statin Therapy for Patients with Diabetes (SPD)
HEDIS® Measurement Year 2024

Measure description: This measure captures the percentage of members 40–75 years of age as of December 31 of the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:

1. *Received Statin Therapy*. Members who were dispensed at least one statin medication of any intensity during the measurement year.
2. *Statin Adherence 80%*. Members who remained on a statin medication of any intensity for at least 80% of the treatment period.

Measure adherence

Adherence for the SPD measure is determined by the member remaining on their prescribed high or low intensity statin medication for 80% of their treatment period. This is determined by pharmacy claims data (the plan will capture data each time the member fills their prescription).

The medications the NCQA lists in the HEDIS specifications to the right. This is a general list and should not replace the advice or care you provide your patients regarding what is optimal to meet their health care needs.

High- and moderate-intensity medications

Description	Prescription
High-intensity statin therapy	Atorvastatin 40-80 mg Amlodipine-atorvastatin 40-80 mg Rosuvastatin 20-40 mg Simvastatin 80 mg Ezetimibe-simvastatin 80 mg
Moderate intensity statin therapy	Atorvastatin 10-20 mg Amlodipine-atorvastatin 10-20 mg Rosuvastatin 5-10 mg Simvastatin 20-40 mg Ezetimibe-simvastatin 20-40 mg Pravastatin 40-80 mg Lovastatin 40 mg Fluvastatin 40-80 mg Pitavastatin 2-4 mg

Low-intensity medications

Description	Prescription
Low-intensity statin therapy	Simvastatin 5-10 mg Ezetimibe-simvastatin 10 mg Pravastatin 10–20 mg Lovastatin 10-20 mg Fluvastatin 20 mg

Tips for improving medication adherence

- Develop a medication routine with each patient if they are on multiple medications that require them to be taken at different times
- Utilize pill boxes or organizers
- Advise patients to set up reminders and alarms for when medications are due
- Discuss potential side effects and ways to treat the side effects of medications

Quality Measure Toolkit
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