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Irving, TX, 75039

## APPLIED BEHAVIORAL ANALYSIS (ABA) SERVICES EFFECTIVE FEBRUARY 1, 2022

In alignment with Texas Medicaid's decision to cover treatment services for members with Autism, Aetna Better Health® of Texas will begin offering Applied Behavioral Analysis (ABA) services to our members aged 0 – 20 with a qualifying Autism Spectrum Disorder (ASD) diagnosis (ICD 10 code F84.0) This change will go into effect February 1, 2022, and the benefit will be part of the Texas Health Steps Comprehensive Care Program (THSteps-CCP)

### WHAT THIS MEANS TO YOU:

This new benefit will be available in Dallas, Tarrant, and Bexar services areas to all Aetna Better Health of Texas® STAR and STAR Kids members aged 0 – 20 with a qualifying ASD diagnosis who meet medical necessity criteria for ABA treatment services. CHIP and CHIP perinate populations are not part of this benefit expansion

For Members to have services covered by this new Medicaid benefit, they would need to qualify according to the Texas Medicaid criteria and receive services through our network of Medicaid ABA providers.

Autism services include a comprehensive service array:

- Applied Behavior Analysis (ABA)
- Case management/care coordination
- Early Childhood Intervention (ECI)
- Nutrition (when provided by a Licensed Dietitian)
- Occupational Therapy (OT)
- Outpatient behavioral health services
- Physician services, including medication management
- Physical Therapy (PT)
- Speech-language pathology (SLP or ST)

Join Aetna Better Health of Texas for our Quarterly Provider Information Webinar, February 16, 2022 from 11:30AM-12:30PM CST where we will discuss the new ABA benefit along with other helpful information. Email [PerezF@aetna.com](mailto:PerezF@aetna.com) to RSVP and receive information to join.

For any questions, please contact your provider rep directly or Provider Services at: **1-800-248-7767** (Bexar), **1-800-306-8612** (Tarrant) and **1-844-787-5437** (STAR Kids).