

Good News! 5 Ways to Improve Your ADHD HEDIS Follow-Up Scores

What is the HEDIS measure?

The HEDIS measure is the percentage of children, ages 6-12 years old, who have had a new prescription for an ADHD medication dispensed and have had at least:

- One follow-up visit within 30 days of medication dispensed with a practitioner who has prescribing authority (initiation phase)
- Two follow-up visits within 270 days (9 months) after the end of the initiation phase (continuation and maintenance phase)

Best practices for improving your ADHD HEDIS scores. Try these:

1. When the initial prescription is written, schedule the follow-up visit to occur within 14 to 21 days. This is needed to assess how the medication is working. Schedule the follow-up visit before your patient leaves the office.
2. The initial follow-up visit occurs before a refill is given.
3. After the first 30 days, continue to monitor your patient's progress. Schedule your patient for two more visits over the next nine months. You may need to see your patient more often as you adjust the medication.
4. If the member cancels an appointment, please reschedule immediately.
5. During your patients visit, encourage parents and caregivers to ask questions about their child's ADHD, such as how to care for the condition and why it is important to adhere to your instructions.

Our resources are here to help

For behavioral health service referrals, call Member Services at

- **1-800-306-8612** (Medicaid-Tarrant)
- **1-800-248-7767** (Medicaid-Bexar)
- **1-800-245-5380** (CHIP-Tarrant)
- **1-866-818-0959** (CHIP-Bexar)

For American Academy of Child and Adolescent Psychiatry guidelines and patient resources, visit www.aacap.org.