



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: Gilenya-Tascenso Page: 1 of 2

Effective Date: 11/1/2024 Last Review Date: 10/2024

Applies to:	<input checked="" type="checkbox"/> Illinois	<input type="checkbox"/> Florida	<input type="checkbox"/> Florida Kids
	<input type="checkbox"/> New Jersey	<input type="checkbox"/> Maryland	<input type="checkbox"/> Michigan
	<input type="checkbox"/> Pennsylvania Kids	<input type="checkbox"/> Virginia	<input type="checkbox"/> Kentucky PRMD

### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Gilenya (fingolimod) and Tascenso ODT (fingolimod) under the patient's prescription drug benefit.

### Description:

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

#### FDA-Approved Indication

Indicated for the treatment of relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in patients 10 years of age and older.

All other indications are considered experimental/investigational and not medically necessary.

### Applicable Drug List:

Fingolimod 0.5 mg capsule  
Gilenya  
Tascenso ODT

### Policy/Guideline:

#### Prescriber Specialty:

This medication must be prescribed by or in consultation with a neurologist.

### Criteria for Initial Approval:

#### A. Relapsing forms of multiple sclerosis

Authorization of 12 months may be granted to members who have been diagnosed with a relapsing form of multiple sclerosis (including relapsing-remitting and secondary progressive disease for those who continue to experience relapse).

- Requests for Tascenso ODT require that patient is unable to swallow solid dosage forms
- Requests for brand Gilenya 0.25 mg capsules or generic fingolimod capsules require that the patient is unable to take brand Gilenya 0.5 mg capsules for the



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given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication

### B. Clinically isolated syndrome

Authorization of 12 months may be granted to members for the treatment of clinically isolated syndrome of multiple sclerosis.

- Requests for Tascenso ODT require that patient is unable to swallow solid dosage forms
- Requests for brand Gilenya 0.25 mg capsules or generic fingolimod capsules require that the patient is unable to take brand Gilenya 0.5 mg capsules for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication

### Continuation of Therapy:

For all indications: Authorization of 12 months may be granted to members who are experiencing disease stability or improvement while receiving the requested medication.

### Other Criteria:

Members will not use the requested medication concomitantly with other disease modifying multiple sclerosis agents (Note: Ampyra and Nuedexta are not disease modifying).

### Approval Duration and Quantity Restrictions:

**Approval:** 12 months

### Quantity Level Limits:

- Gilenya (fingolimod hydrochloride) capsules 0.25mg: 30 capsules per 30 days
- Gilenya (fingolimod hydrochloride) capsules 0.5mg: 30 capsules per 30 days
- Tascenso ODT (fingolimod lauryl sulfate) tablets 0.25mg: 30 tablets per 30 days
- Tascenso ODT (fingolimod lauryl sulfate) tablets 0.5mg: 30 tablets per 30 days

### References:

1. Gilenya [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; June 2024.
2. Fingolimod [package insert]. Weston, FL: Apotex Corp.; June 2024.
3. Tascenso ODT [package insert]. Swindon, UK: Catalent Pharma Solutions (UK); June 2024.