



# Diabetes Self-Management Education

The Ohio Department of Medicaid is collaborating with the Medicaid and MyCare Ohio plans to **increase use of Diabetes Self-Management Education (DSME)** among eligible diabetic members. More specifically, increasing use of **CPT codes G0108 (individual training)** and **G0109 (group training)** to denote when DSME has occurred.

While we recognize diabetic education can be offered in multiple ways, we need your help to ensure use of these DSME billing codes to track improvement. A **PHYSICIAN'S ORDER** is needed to begin the process. Unfortunately, we are seeing less than 2% of diabetic members in Ohio who are benefitting from this important service annually.

Each Aetna Better Health Ohio (MyCare Ohio) member has a care manager that can help in providing transportation or education related to accessing DSME once a physician's order is issued. Please contact our member services line at 1-855-364-0974 if you would like to request assistance in getting your Aetna MyCare patients access to this service.

DSME is an opportunity for Medicaid and MyCare Ohio members to better manage their condition.

**When to Order:**

- At Diagnosis
- Annually or when not meeting targets
- When complicating factors develop
- Transitions in life and care

Covered Benefit:

**G0108 individual training**

**G0109 group training**

For more information on DSME programs please visit: <https://oahp.org/diabetes-resources-for-providers/>

Sincerely

Aetna Better Health of Ohio

Provider Services

1-855-364-0974