



METABOLIC MONITORING FOR CHILDREN AND ADOLESCENTS ON ANTIPSYCHOTICS (APM)

MEETING THE HEDIS MEASURE

The APM measure assesses the percentage of children and adolescents ages 1–17 who had 2 or more antipsychotic prescriptions and had metabolic testing. Three rates are reported:

- The percentage of children and adolescents on antipsychotics who received blood glucose testing
- The percentage of children and adolescents on antipsychotics who received cholesterol testing
- The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing

WHY IS THE MEASURE IMPORTANT?

Prescribing antipsychotic medication for children and adolescents has increased rapidly in recent decades. These medications can elevate a child's risk for developing serious metabolic health complications associated with poor cardiometabolic outcomes in adulthood. An important component of ensuring appropriate medical management of children and adolescents on antipsychotic medications is metabolic monitoring (blood glucose and cholesterol testing) to examine the risks and the potential lifelong consequences.

WHAT CAN BE DONE TO HELP MEET THE MEASURE?

This measure focuses on appropriate monitoring for children prescribed antipsychotic medications.

Schedule an annual glucose or HbA1C and LDL-C or other cholesterol test.

Educate caregiver about the importance of annual screening.

Order lab testing prior to member leaving the office when two or more antipsychotics have been prescribed.

Complete lab testing in office when available



Important Notes

A member must have metabolic screening tests that measure both blood glucose and cholesterol.

Individual tests to measure cholesterol and blood glucose levels can be done on the same or different dates of service

Medical Record Detail Including, But Not Limited to:


- Glucose test or HbA1c test

And

- Cholesterol lab test
- LDL or LDL-C lab test

Note: It is enough to show that the tests were completed. It is not required to have the results or findings.

The following codes can be used to close HEDIS® numerator gaps in care; they are not intended to be a directive of your billing practice.



Required Exclusions:

- Members in hospice or using hospice services
- Members who died

Timeframe : Any time during the measurement year

CPT® / CPT® II	
Glucose Test	80047-48, 80050, 80053, 82947, 82950-51
HbA1c Test	83036-37, 3044F, 3046F, 3051F, 3052F
Cholesterol Test Other than LDL	82465, 83718, 83722, 84478
LDL-C Test	80061, 83700-01, 83704, 83721, 3048F, 3049F, 3050F

REFERENCES

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