

## AETNA BETTER HEALTH® OF NEW JERSEY

# Buprenorphine Prior Authorization Guidelines

PA Guideline	Requirements	Duration of Approval if Requirements Are Met
<p><b>Buprenorphine</b></p>	<p><b>May be authorized for the treatment of opioid dependence in patients over 16 years of age when the following are met:</b></p> <ul style="list-style-type: none"> <li>• Documentation of a comprehensive substance abuse treatment plan including: opioid agreement, psychosocial counseling or recovery support, random urine drug screens, assessment and treatment of other substance dependence behaviors and mental health disorders.</li> <li>• Random urine drug screens (UDS) are completed within 30 days before renewals and are negative for opioids and all controlled substances (e.g., benzodiazepines, amphetamines, illicit drugs) and positive for buprenorphine.</li> <li>• If UDS is positive for controlled substances, the prescriber must include a treatment plan that addresses tapering/discontinuing positive substances.</li> <li>• The dose does not exceed 16 mg/day. (24mg/day is no longer considered the appropriate dosage except in rare instances that will be considered on a case by case basis).</li> <li>• Prescriber possesses DATA 2000 waiver (is SAMHSA-certified).</li> <li>• Prescriber attests that the New Jersey Prescription Monitoring Program database has been reviewed for other controlled substances.</li> <li>• In addition for Suboxone Film, Zubzolv, or Bunavail: Must have tried and failed buprenorphine/naloxone sublingual tablets.</li> <li>• In addition for plain buprenorphine tablets: member must be pregnant or have a true allergy to naloxone.</li> </ul>	<p><b>Initial approval</b> 3 months</p> <p><b>Renewal</b> 6 months</p> <p><b>Documentation required:</b></p> <ul style="list-style-type: none"> <li>• UDS results (see criteria for specific requirements)</li> <li>• Continued psychosocial counseling or recovery support</li> </ul>

## Where to download the prior authorization guidelines and forms

Pharmacy prior authorization forms are available on the For Providers section of our website. Visit [www.aetnabetterhealth.com/newjersey](http://www.aetnabetterhealth.com/newjersey):

- > For Providers > Pharmacy
  - Pharmacy authorization guidelines
  - Pharmacy prior authorization forms

The screenshot shows the Aetna website interface. At the top left is the Aetna logo and the text "AETNA BETTER HEALTH® OF NEW JERSEY". To the right are links for "Español | English", "Log in", "Fraud, waste & abuse", and "Contact us". A navigation bar contains "Home", "Become A Member", "For Members", "For Providers" (highlighted with an orange box), "Health & Wellness", "About Us", and a search bar. Below the navigation bar is a "For Providers" sidebar with a list of menu items: "Join Our Network", "Manual", "Notices", "Guidelines", "Pharmacy" (highlighted with an orange box and a small orange dot), "Appeals & Complaints", "Behavioral Health", "Medical Management", "Quality Management", "Training", "Resources", "Newsletters", and "Provider Portal". The main content area is titled "Pharmacy" and contains a "Formulary drug list" section with a description of the formulary. Below this is a "Formulary updates" section with a list of categories: "Formulary updates", "Mail order prescriptions", "Over-the-counter drugs", "Pharmacy authorization guidelines" (with a yellow arrow pointing left), and "Pharmacy prior authorization forms" (with a yellow arrow pointing left). A note below the categories says "To quickly find a prior authorization form, click CTRL F on your keyboard and type in the form name." At the bottom, there are two columns of links for drug categories: "A-L" and "M-Z". A yellow star icon is placed next to the "Buprenorphine, Naloxone" link in the A-L column.

**Pharmacy**

**Formulary drug list**

The Formulary is a list of drugs chosen by Aetna Better Health of New Jersey and a team of doctors and pharmacists. Drugs on this list are generally covered under the plan as long as they are medically necessary. Members must fill their prescriptions at an Aetna Better Health of New Jersey network pharmacy, and follow other plan rules.

Please review the Formulary for any restrictions or recommendations regarding prescription drugs before prescribing a medication to an Aetna Better Health of New Jersey patient.

You can download the [Formulary](#) or you can also use the [searchable formulary](#). You can also view a list of this month's formulary updates.

**Formulary updates**

- Formulary updates
- Mail order prescriptions
- Over-the-counter drugs
- Pharmacy authorization guidelines
- Pharmacy prior authorization forms

To quickly find a prior authorization form, click CTRL F on your keyboard and type in the form name.

**A-L**

- [Acamprosate](#)
- [Actemra](#)
- [Actimmune](#)
- [ADHD](#)
- [Afinitor](#)
- [Ampyra](#)
- [Anticoagulant injectable agents](#)
- [Antidepressants non-formulary](#)
- [Aranesp](#)
- [ARBs non-formulary](#)
- [Atypical Antipsychotics long acting injections](#)
- [Botulinum Toxins](#)
- [Brand name drug](#)
- [Buprenorphine, Naloxone](#)
- [Cambia](#)

**M-Z**

- [Makena](#)
- [Modafinil - Nuvigil](#)
- [Multaq](#)
- [Multiple sclerosis agents](#)
- [Multiple sclerosis agents non-formulary](#)
- [Neumega](#)
- [Nexavar](#)
- [Non Formulary HIV](#)
- [Non-Calcium Based Phosphate Binders](#)
- [Non-formulary](#)
- [Northera](#)
- [Octreotide](#)
- [Omega-3 Carboxylic Acids](#)
- [Onychomycosis and Tinea](#)
- [Opioids long-acting opioids non-formulary](#)

### Prior authorization guidelines direct link

[www.aetnabetterhealth.com/newjersey/assets/pdf/pharmacy/New-Jersey-PA-Guidelines.pdf](http://www.aetnabetterhealth.com/newjersey/assets/pdf/pharmacy/New-Jersey-PA-Guidelines.pdf)

### Buprenorphine prior authorization form direct link

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