



Evidence Based Practice (EBP) Qualification Standards and Billing Guide
Mental Health Child and Family Medicaid Providers

Introduction

The Louisiana Department of Health (LDH), Office of Behavioral Health (OBH), in partnership with The Center for Evidence to Practice at LSU, is supporting increased access to evidence-based programs (EBP) for children and youth receiving Medicaid-funded behavioral health services. Two key aspects of the successful implementation and long-term sustainability of these evidence-based programs are 1) EBP practitioners meeting training and consultation standards and 2) the integration of EBPs within the claims-based data collection and tracking of Medicaid services.

This *EBP Qualification Standards and Billing Guide* brings EBP training standards and EBP tracking information from the LDH Medicaid Behavioral Health Services Provider Manual together into a document for providers and managed care organizations (MCO). The goal is to provide a streamlined resource to facilitate providers’ use of the EBP tracking codes.

The requirements for using EBP tracking codes with Medicaid billing are included within the [LDH Medicaid Behavioral Health Services Provider Manual, Appendices E5-E10](#). This Guide summarizes the information within the LDH Medicaid Behavioral Health Services Provider Manual and does not replace or supersede existing provider regulations or guidance from LDH and OBH. If you have any questions, please refer to the full LDH Medicaid Behavioral Health Services Provider Manual or contact the Office of Behavioral Health.

The following EBPs are included with in the Guide:

EBP	Tracking Code
Child Parent Psychotherapy (CPP)	EB02
Parent Child Interaction Therapy (PCIT)	EB03
Youth PTSD Treatment (YPT)	EB04
Preschool PTSD Treatment (PPT)	EB05
Triple P - Level 4	EB06
Trauma-Focused Cognitive Behavior Therapy (TF-CBT)	EB07
Eye Movement Desensitization and Reprocessing (EMDR)	EB08

Qualification for use of the EBP Tracking Codes

The EBP tracking codes are specifically for tracking the delivery of these models within Outpatient Therapy by Licensed Practitioners. To qualify to use the EBP Tracking Codes practitioners must

- meet qualifications and requirements established in the Outpatient Therapy by Licensed Practitioners section (Section 2.3) and Record Keeping section (Section 2.6) of the LDH Medicaid Behavioral Health Services Provider Manual
- meet the training and consultation standards set by the developers and trainers of each model, detailed in the EBP Qualification section below.

- submit documentation to each MCO of meeting EBP model qualification standards as part of credentialing with the MCO (see APPENDIX A for a list of contacts at each MCO).

EBP Qualification Standards

Below you will find the qualification standards for each EBP model and the documentation that practitioners can present as proof of meeting the qualification standards. For EBPS that have official lists of EBP Practitioners, inclusion on those lists **OR** official certificates documenting meeting the EBP Qualification standards may be used. Please note, these EBP Practitioner lists may not be complete or up to date, therefore completion of the EBP Standard may be verified using the documentation listed below. Additional information about the training requirements to achieve the qualification standards are available in the LDH Medicaid Behavioral Health Services Provider Manual and the EBP developers' and trainers' websites (APPENDIX B).

Child Parent Psychotherapy (CPP) – Tracking Code EB02 Qualification Standard

Rostered as a trained CPP therapists by UCSF Child Trauma Research Program

Qualification Documentation

Certificate in Child Parent Psychotherapy issued by the Child Trauma Research Program at UCSF OR inclusion on the CPP Provider Roster

Additional Information

CPP trainers issue the certificate upon completion of the training and consultation requirements for rostering. Therapists should contact their CPP trainers for a copy of the certificate, if needed. Rostered therapists may be included on the CPP Provider Roster website <https://childtrauma.ucsf.edu/cpp-provider-roster>; however, this list is not comprehensive and a rostered therapist may elect to not be included on the list.

Parent Child Interaction Therapy (PCIT) – Tracking Code EB03 Qualification Standard

Certified in Parent Child Interaction Therapy by PCIT International

Qualification Documentation

Certificate issued by PCIT International OR inclusion in the PCIT International list of Certified PCIT Therapists

Additional Information

After completing training and consultation that meets PCIT International training standards, PCIT practitioners must submit an application to PCIT International and complete a PCIT exam to achieve certification. PCIT International maintains a list of PCIT Certified Therapists at <http://www.pcit.org/certified-therapists.html>

PCIT International requires therapists to re-new their certification every 2 years by submitting an application with documentation of the therapist completing a required number of PCIT Continuing Education credits.

Youth PTSD Treatment (YPT) – Tracking Code EB04 Preschool PTSD Treatment (PPT) – Tracking Code EB05

Qualification Standard

“Advanced Training” certificate in Youth PTSD Treatment, or Preschool PTSD Treatment

Qualification Documentation

Certificates of Completion of Advanced Training in Youth PTSD Treatment and/or Preschool PTSD Treatment issued by Tulane University School of Medicine OR inclusion on the registry of PPT / YPT certified providers having completed Advanced Training.

Additional Information

The YPT / PPT trainer issues the certificate up completion of the training and consultation requirements for Advanced Training and maintains a registry of all certified providers <https://www.michaelscheeringa.com/tools.html>.

Triple P - Level 4 – Tracking Code EB06

Qualification Standard

Accreditation by Triple P America (TPA)

Qualification Documentation

Documentation issued by Triple P America of accreditation in Triple P- Standard Level 4.

Additional Information

Triple P America does not maintain a public directory of accredited providers. Triple P America does issue documentation of accreditation to the individual provider.

Trauma-Focused Cognitive Behavior Therapy (TF-CBT) – Tracking Code EB07

Qualification Standard

TF-CBT Certification by the TF-CBT Therapist Certification Program

Qualification Documentation

Certificate issued by the TF-CBT National Therapist Certification Program OR inclusion in the TF-CBT Therapist Certification Program list

Additional Information

After completing training and consultation that meets TF-CBT Therapist Certification Program training standards, TF-CBT practitioners must submit an application to the TFCBT Therapist Certification Program and complete a TF-CBT knowledge-based test to achieve certification. The TF-CBT Therapist Certification Program maintains a list of Certified TF-CBT Therapists at <https://tfcbt.org/therapists/>

TF-CBT Therapist must be re-certified every 5 years by completing an application and online recertification training modules.

Eye Movement Desensitization and Reprocessing (EMDR) Therapy – Tracking Code EB08 Qualification Standard - Basic Trained

Completion of an EMDR International Association (EMDRIA) Approved Basic Training (including a minimum of 20 hours instructional material, 20 hours supervised practicum, 10 hours consultation)

OR

Certification

EMDR Certified Therapist through the [EMDR International Association \(EMDRIA\)](https://www.emdria.org/).

Qualification Documentation

Certificate of completion of an EMDRIA-Approved EMDR Therapy Basic Training Course issued by an EMDRIA-Approved Trainer **OR** EMDR Certification issued by EMDRIA

Additional Information

Proof of completion of an EMDRIA-approved basic training course is the standard for practicing EMDR. EMDR Certification is an advanced level of preparation that is also accepted but not required. Practitioners that choose to become EMDR Certified will complete additional training and consultation and will re-certify every two years.

EMDRIA maintains a membership list at <https://www.emdria.org/find-an-emdr-therapist/> of clinicians who have completed an EMDRIA-approved basic training course, as well as clinicians who have completed the more advanced level of EMDR certification. In addition, EMDRIA records dates of completed basic training and the name of the EMDRIA trainer in their database. The information may be retrieved by sending an email request to info@emdria.org or call +1 512-451-5200.

Clinicians who do not maintain an annual EMDRIA membership and so are not listed in the EMDRIA directory, can instead verify their qualifications with documentation of completion of an EMDRIA approved basic training course.

Use of the EBP Tracking Codes

Practitioners bill standard CPT individual and family therapy codes for sessions providing the EBP and use the EBP tracking codes (listed above) with claims to note that the therapy session utilized the EBP model.

Additional EBP Guidance

Authorization

If MCO policy requires prior authorization for Outpatient Therapy by Licensed Providers, the EBPs may have effective treatment durations that exceed the initial authorization level of benefit. In that case reauthorization should be requested indicating that the specialty EBP model is being utilized and services appropriately may exceed the initial authorization and should be authorized for continuing services to complete the medically necessary treatment episode and provide evidence-based care to the youth and family. Additional information about standard treatment duration for each of the EBPs can be found in the LDH Medicaid Behavioral Health Services Provider Manual, Appendix E

EBP Quality Assurance

EBP practitioners are expected to keep documentation of providing services consistent with the EBP model, as outlined in their training process, within the client records in accordance with Record Keeping section (Section 2.6) of the [LDH Medicaid Behavioral Health Services Provider Manual](#). Additional guidance on EBP documentation, fidelity and measures can be found in the LDH Medicaid Behavioral Health Services Provider Manual, Appendix E.

APPENDIX

- A. MCO Contact List
- B. EBP Training and Certification Requirements Resources

Appendix A

MCO Contact List

Appendix A	Contact Name and Title	Email	Phone
Aetna Better Health	Chenise Taylor, LPC, EBP Liaison	taylorc10@aetna.com	959-299-6364
Aetna Better Health	Kelly Gay, LPC, Behavioral Health Lead	gayk@aetna.com	959-299-6416
Aetna Better Health	Tiffanie Lemonds, Senior Network Manager	lemondst@aetna.com	225-348-3808
Aetna Better Health	Ziesha Every, LPC-S, Behavioral Health Utilization Manager	everyz@cvshealth.com	959-299-6414

Appendix B

Resources on the Training and Consultation Requirements for EBP Practitioners

EBP	Website
Child Parent Psychotherapy (CPP)	https://childparentpsychotherapy.com/providers/training/lc/
Parent Child Interaction Therapy (PCIT)	http://www.pcit.org/therapist-requirements.html
Youth PTSD Treatment (YPT)	https://www.michaelscheeringa.com/tools.html
Preschool PTSD Treatment (PPT)	https://www.michaelscheeringa.com/tools.html
Triple P - Level 4	https://www.triplep.net/glo-en/getting-started-with-triplep/training-for-individuals/accreditation/
Trauma-Focused Cognitive Behavior Therapy (TF-CBT)	https://tfcbt.org/certification/
Eye Movement Desensitization and Reprocessing (EMDR)	https://www.emdria.org/emdr-training-education/emdrtraining/ OR https://www.emdria.org/emdr-trainingeducation/emdr-certification-2/