

October 2021

In partnership with TPN.health and the National Council for Behavioral Health/Mental Wellbeing, Aetna Better Health of Louisiana invites you to attend **ACEs are Not Destiny**, the fifth in a series of Trauma-Informed Resiliency Oriented Care webinars.



## ACEs are Not Destiny

**Presenter:** Elizabeth Guroff, MA, LCMFT and Amelia Roeschlein, DSW, MA, LMFT

**Date:** 11/9/2021      **Time:** 12:00 – 2:00pm CST      **CEs/CEUs:** 2

**Registration:** Visit <https://tpn.health/events/aetna-adverse-childhood-experiences/>, then click **Register Now**.

Trauma is a near universal experience of individuals who seek assistance from providers. Addressing trauma is now the expectation, not the exception, in community agencies. It is equally vital that we understand and build resilience in conjunction with understanding the impact of trauma. The combination of an individual's experience of trauma and resilience impacts every area of human functioning — physical, mental, behavioral, social and spiritual. Workers and community providers are expected to view the people they serve through the trauma informed, resilience-oriented lens and to competently intervene in this area. The good news is that trauma is treatable and organizations can become trauma-informed and resilience-oriented in order to best meet the needs of the people they serve. This training teaches participants about trauma, its prevalence and impact, including the latest information on trauma and the brain. This training explores the connection between behavior and trauma and identifies resilience-oriented trauma-informed ways to intervene with all those we serve. Participants learn what being trauma-informed looks like and key strategies for implementing this approach as well as highlighting the connection between self-care and compassion fatigue.

By the end of this training, participants will be able to:

1. Define trauma and resilience.
2. Analyze the ACE study to identify the prevalence and impact of trauma.
3. Identify the neuro/bio/psycho/social impact of trauma.
4. Explain the connection between behavior and trauma and ways to intervene with those we serve in a trauma-informed, resilience-oriented manner.
5. Describe the connection between self-care and compassion fatigue.

### CE Clock Hours and CEUs Approved for this Webinar

Provider Type	Details
Counselors	<p>This live webinar has been approved for 2.0 CE clock hours by the Louisiana Counseling Association as authorized by the Louisiana Professional Counselor Licensing Board of Examiners.</p> <p>Course meets the qualifications for hours of continuing education credit for LPCCs as required by the California Board of Behavioral Sciences. TPN.health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LPCCs. TPN.health maintains responsibility for this program/course and its content.</p> <p>Trusted Provider Network, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0220..</p>
Addiction Counselors	<p>This course has been approved by TPN.health, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #198061, TPN.health is responsible for all aspects of the programming. Counselor Skill Group: Legal, Ethical and Professional Development.</p>
Social Workers	<p>TPN.health, #1766, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. TPN.health maintains responsibility for this course. ACE provider approval period: 03/31/2021 – 03/31/2022. Social workers completing this course receive 2 continuing education credits. ASWB ACE credit is not available in NY and NJ.</p> <p>Course meets the qualifications for hours of continuing education credit for LCSWs as required by the California Board of Behavioral Sciences. TPN.health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSWs. TPN.health maintains responsibility for this program/course and its content.</p> <p>Trusted Provider Network, LLC is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0654.</p>

Provider Type	Details
Licensed Marriage and Family Therapists	Course meets the qualifications for hours of continuing education credit for LMFTs as required by the California Board of Behavioral Sciences. TPN.health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs. TPN.health maintains responsibility for this program/course and its content.  Trusted Provider Network, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0097.
Psychologists	TPN.health is approved by the American Psychological Association to sponsor continuing education for psychologists. TPN.health maintains responsibility for this program and its content.
Physicians	Amedco LLC designates this live activity for a maximum of 2 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Office Hour Follow-Up Discussion Call Date:** 11/23/2021 **Time:** Noon CT

The Registration link for the follow-up discussion will be available as a button on the main webinar event page.

### More about the Trauma-Informed Resiliency Oriented Care Webinar Series

In partnership with TPN.health, Aetna Better Health of Louisiana is hosting this free webinar series, which is aimed at all staff, all providers, all tribal connections, peer support specialists, and others who wish to learn more about Trauma-Informed Care (TIC).

Each webinar:

- includes presenters from Aetna and the National Council for Behavioral Health/Mental Wellbeing.
- is 2 hours in length with an attendance capacity up to 1,000 participants.
- is interactive; participants should be prepared with both video and audio capabilities.
- is approved for **2.0 hours of continuing education (CEs)**
- typically has a follow-up, 1-hour discussion, referred to as an "Office Hour", occurring 2 weeks later. (Office Hour calls may not provide CE's, as discussion content is variable.)

**Don't forget to mark your calendar for these upcoming webinars and follow-up discussions!**

- 11/23/21 ACES Follow Up Discussion
- 01/11/22 Advanced Session: Change Package and TIPC
- 01/25/22 Change Package and TIPC Follow Up Discussion

### Questions and Support:

For questions, please contact [LAProvider@AETNA.com](mailto:LAProvider@AETNA.com) or call 1-855-242-0802 and follow the prompts.