



Initiation and Engagement of Alcohol and Other Drug Abuse Treatment (IET)

The Initiation and Engagement of Alcohol and Other Drug Abuse Treatment (IET) is a performance measure we use that looks at the percentage of adolescent and adult enrollees with a new episode of alcohol or other drug abuse (AODA) who receive the following:

Initiation of AODA Treatment: The percentage of individuals who initiate treatment through an inpatient AODA admission, outpatient visit, telehealth or medication treatment within 14 days of the diagnosis.

Engagement of AODA Treatment: The percentage of individuals who initiated treatment and who had two or more additional services with a diagnosis of AODA within 30 days of the initiation visit.

Here's how you can help! Learn about Screening, Brief Intervention, and Referral to Treatment (SBIRT) and Screen for substance abuse!

- Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care.

Coding for Screening and Brief Intervention Reimbursement

Reimbursement for screening and brief intervention is available through Medicaid.

Medicaid	Description	Billing Code
	Alcohol and/or drug screening	H0049
	Alcohol and/or drug screening, brief intervention, per 15 minutes	H0050

Follow Up! When substance abuse is identified, schedule appropriate follow-up treatment. Newly Diagnosed patients: Schedule 3 follow up appointments within the first 30 days. Frequent contact early on will help to keep the patient connected and motivated for treatment.

Educate your patients on effects of alcohol or substance abuse. Educate during each visit, ensuring your patients understand the treatment options available to them.

For additional information: To learn more about SBIRT, go to the SAMSA website at:

https://www.samhsa.gov/sites/default/files/sbirtwhitepaper_0.pdf

For a free SBIRT white paper copy please call the Aetna's Quality Department at (504) 667-4500 Monday through Friday, 8:00 am to 5:00 pm and we will email you a copy. For a list of available treatment service options, call our Provider Relations Department at 1-855-242-0802 (TTY 711), 24 hours a day, 7 days a week.