



## ABHLA Now Covering Comprehensive BH IOP Services

As an addition to its Substance Abuse Intensive Outpatient Program (IOP) coverage, Aetna Better Health® of Louisiana (ABHLA) is proud to announce coverage of Behavioral Health IOP services to better provide its members with access to a “step-down” from inpatient treatment or a “step-up” from standard outpatient treatment.

We have partnered with Beacon Behavioral Hospital and Oceans Healthcare to provide IOP services. Key elements of these IOPs are:

- a safe environment with skilled, caring staff
- group therapy
- individual counseling (as needed)
- management of symptoms
- coping skills development
- medication management
- interpersonal skills development

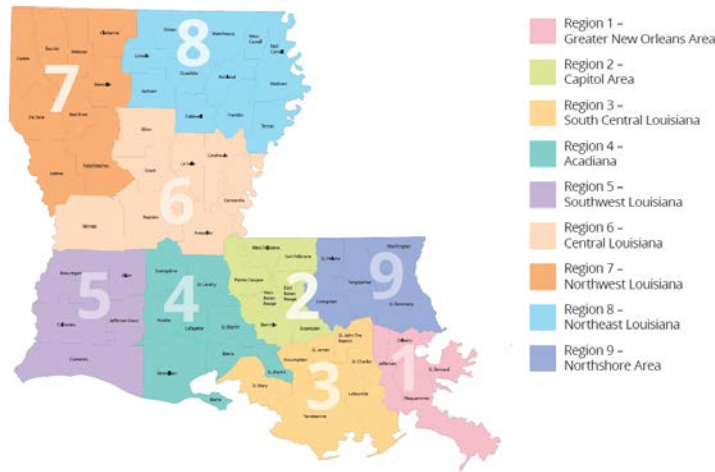
Both Behavioral Health and Physical Health providers should use the following to determine whether a member may be eligible for treatment via an IOP:

- is 18 or older
- has a primary diagnosis of a behavioral health disorder
- is experiencing one or more of the following issues or symptoms: *depression, anxiety, thoughts of self-harm, obsessive or compulsive thoughts, mood swings, affective disorder, grief and loss, schizophrenia, bipolar disorder*
- requires care that is more intensive in nature than standard outpatient therapy.
- does not require a higher level of care that is provided only in inpatient or residential settings

For additional information, visit Beacon Behavioral Hospital (<https://www.beaconbh.com/outpatient/>) and Oceans Healthcare (<https://oceanshealthcare.com/intensive-outpatient-programs>).

**Questions:** Call Aetna Better Health of Louisiana Provider Relations at 1-855-242-0802 and follow the prompts.

## Behavioral Health IOP Locations by Region



**1** **Beacon Behavioral Outpatient Metairie\***  
 3200 Ridgelake Drive, Ste. 100  
 Metairie, LA 70002  
 504-581-4333 Fax 504-581-2818

**Oceans Behavioral Hospital of Greater New Orleans**  
 716 Village Road, Ste. A  
 Kenner, LA 70065  
 504-464-8895 Fax 504-464-8896

**2** **Beacon Behavioral Outpatient Baton Rouge^**  
 10425 Plaza Americana Drive  
 Baton Rouge, LA 70816  
 225-810-4719 Fax 225-810-4722

**Oceans Behavioral Hospital of Baton Rouge**  
 8346 Kelwood Drive  
 Baton Rouge, LA 70806  
 225-928-4969 Fax 225-928-4983

**3** **Beacon Behavioral Outpatient Houma^**  
 5789 Highway 311, Ste. 2  
 Houma, LA 70360  
 985-346-0436 Fax 985-346-0435

**Beacon Behavioral Outpatient Lutcher^**  
 2471 Louisiana Avenue  
 Lutcher, LA 70071  
 225-258-6112 Fax 225-258-6111

**4** **Oceans Behavioral Hospital of Lafayette**  
 800 Kaliste Saloom Road  
 Lafayette, LA 70508  
 337-837-4047 Fax 337-837-4046

**Oceans Behavioral Hospital of Opelousas**  
 2319 Jake Drive  
 Opelousas, LA 70570  
 337-447-4470 Fax 337-948-0086

**5** **Oceans Behavioral Hospital of DeRidder, LLC**  
 1420 Blankenship Drive  
 DeRidder, LA 70634  
 337-460-9472 Fax 337-460-9473

**Oceans Behavioral Hospital of Lake Charles, LLC**  
 4250 5th Avenue  
 Lake Charles LA 70607  
 337-474-7581 Fax 337-474-7582

**Oceans Behavioral Hospital of Lake Charles McNeese State (ADOLESCENTS 5-17)**  
 302 W. McNeese St.  
 Lake Charles, LA 70605  
 337-310-1505 Fax 337-477-7926

**6** **Oceans Behavioral Hospital of Alexandria**  
 5920 Coliseum Boulevard  
 Alexandria, LA 71303  
 318-443-8547 Fax 318-443-9116

**9** **Beacon Behavioral Outpatient Bogalusa**  
 1640 South Columbia Street  
 Bogalusa, LA 70427  
 985-735-1750 Fax 985-735-1752

**Beacon Behavioral Outpatient Hammond^**  
 42382 Plaza Deluxe, Ste. 34  
 Hammond, LA 70403  
 985-956-7378 Fax 985-956-7381

**Beacon Behavioral Outpatient Slidell\***  
 2130 1st Street  
 Slidell, LA 70458  
 985-607-0290 Fax 985-641-7887

**Oceans Behavioral Hospital of Kentwood, LLC‡**  
 15782 Professional Plaza  
 Hammond, LA 70403  
 985-277-1415 Fax 985-237-1113

\* Affiliate of Beacon Behavioral Hospital - New Orleans    # Affiliate of Beacon Behavioral Hospital - Northshore  
 ^ Affiliate of Beacon Behavioral Hospital    ‡DBA Oceans Behavioral Hospital of Hammond