



Aetna Better Health[®] of Kansas

HEDIS[®] News you can use



Improving Prenatal and Postpartum Care

Measure description:

The percentage of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year.

Prenatal

The percentage of deliveries that received a prenatal care visit with an obstetrics/gynecologist (OB/GYN) or Primary Care Physician (PCP) in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.

Documentation must include the visit date and evidence of one of the following:

- Documentation indicating pregnancy, such as:
 - Documentation in a standardized prenatal flow sheet
 - Documentation of last menstrual period (LMP), estimate date of delivery (EDD) or gestational age
 - A positive pregnancy test result
 - Documentation of gravidity and parity
 - Documentation of prenatal risk assessment and counseling/education
- A basic physical obstetrical examination that includes:
 - Auscultation for fetal heart tone
 - Pelvic exam with obstetric observations
 - Measurement of fundus height (a standardized prenatal flow sheet may be used)

HEDIS (Healthcare Effectiveness Data and Information Set) is a registered trademark of National Committee for Quality Assurance (NCQA)

- Prenatal care procedure, such as:
 - Obstetric panel
 - TORCH antibody panel alone
 - Rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing
 - Ultrasound/echography

Postpartum

Postpartum visit on or between 7 & 84 days after delivery (OB/GYN or PCP)

Documentation must indicate visit date and evidence of one of the following:

- Pelvic exam
- Examination of breasts (or notation of breastfeeding), abdomen, weight, and blood pressure (BP)
- Notation of postpartum (PP) care, including “postpartum care”, “PP care”, “PP check”, “6-week check”, or a preprinted “Postpartum Care” form in which information was documented during the visit
- Perineal or cesarean incision/wound check
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
- Glucose screening for women with gestational diabetes
- Documentation of any of the following topics:
 - Infant care or breastfeeding
 - Resumption of intercourse
 - Birth spacing or family planning
 - Sleep/fatigue
 - Resumption of physical activity
 - Attainment of healthy weight



Coding requirements:

To improve HEDIS scores, use appropriate coding with your claims for administrative compliance. Ensuring proper coding will decrease the need for HEDIS medical record reviews and requests

- **Bundled services:** 59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622
- **Prenatal visit:** 99201-99205, 99211-99215, 99241-99245
- **Postpartum visit:** 57170, 58300, 59430, 99501, 0503F

Gaps in Care:

Some patients may appear to have “Gaps in Care” despite having services. Be sure to submit a claim for postpartum visits **even if you are using bundled claims/global billing.**

Best Practices

- Code accurately- Proper coding ensures compliance.
- Remember telephone visits, e-visits or virtual check-ins can now count for compliance.
- Consider a practice workflow that includes scheduling postpartum appointments before discharge from the hospital.
- Consider reminder phone calls prior to prenatal and postpartum appointments.
- Educate members throughout pregnancy and prior to delivery, the importance of both prenatal and postpartum visits and assess understanding.
- Refer to and use the American College of Obstetricians and Gynecologists (ACOG) sheets to help ensure postpartum care measure compliance.
- Encourage members to participate in the Aetna Better Health of Kansas Maternity Matters program.
- Participate in Aetna Better Health of Kansas provider Healthier Outcomes incentive program.
- Educate staff to schedule visits within the guideline time frames.

Resources:

- [Home | ACOG](#)
- [strategies-for-integrating-immunizations.pdf \(acog.org\)](#)
- [ACOG Redesigns Postpartum Care | ACOG](#)

Patients trust you - Patients consider you their most trusted source of information when it comes to their health. When talking to patients, encourage and allow time for questions.

Thank you for the care you provide to our members

For questions or for more information, please contact Quality Management Department at ABHKS_QM_Operations@aetna.com.