

Clinical Practice Guidelines Aetna Better Health® of Illinois

Disease Management Condition	Guideline (Copy and paste link into your browser or Ctrl+click)
ADHD	<p>American Academy of Pediatrics (AAP): ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents, October 2019 https://pediatrics.aappublications.org/content/144/4/e20192528</p> <p>Centers for Disease Control and Prevention: Attention-Deficit/Hyperactivity Disorder (ADHD): https://www.cdc.gov/ncbddd/adhd/index.html</p>
Alcohol Use Disorder	<p>American Society of Addiction Medicine Alcohol Withdrawal Management- January 2020 https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2</p> <p>Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions</p>
Anxiety Disorder	<p>National Institute of Mental Health Anxiety Disorders July 2018 https://www.nimh.nih.gov/health/topics/anxiety-disorders</p>
Asthma	<p>National Heart, Lung and Blood Institute (NHLBI)-2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines</p> <p>https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates</p>
Chronic Obstructive Lung Disease (COPD)	<p>CDC COPD Guidelines, Reports and References for Clinicians June 2021 https://www.cdc.gov/copd/for-clinicians.html</p>

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Congestive Heart Failure (CHF)	<p>2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines:</p> <p>https://www.jacc.org/doi/10.1016/j.jacc.2021.12.012?_gl=1*x9itci*_ga*MjAOMDE3Mji0NC4xNjU1Mzk1MDg4*_ga_2V8VW4Y237*MTY2MDc0Nzg5NS4yLjEuMTY2MDc0Nzk0Ny44LjAuMA..&_ga=2.192326766.51064336.1660747895-2040172244.1655395088</p>
Coronary Artery Disease (CAD)	<p>2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease</p> <p>https://www.jacc.org/guidelines/prevention</p>
Diabetes <i>ADA's current clinical practice recommendations</i>	<p>2022 American Diabetes Association (ADA) Standards of Medical Care in Diabetes</p> <p>https://professional.diabetes.org/content-page/standards-medical-care-diabetes</p>
Eating Disorders	<p>Identification and Management of Eating Disorders in Children and Adolescents January 2021</p> <p>https://pediatrics.aappublications.org/content/147/1/e2020040279</p>
Genetic Counseling-Family Planning	<p>Counseling About Genetic Testing and Communication of Genetic Test Results ACOG</p>
Hepatis C	<p>March 2020 US Preventative Task Force: Hepatitis C Virus Infection in Adolescents and Adults: Screening</p> <p>https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hepatitis-c-screening</p>
HIV/AIDS	<p>Clinical Care Guidelines and Resources</p> <p>https://hab.hrsa.gov/clinical-quality-management/clinical-care-guidelines-and-resources</p>
Hypertension (HTN)	<p>Guidelines Made Simple 2017 Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults</p> <p>https://www.acc.org/education-and-meetings/image-and-slide-gallery/media-detail?id=BDA0F36F3160426FAB2E784B82E2629A</p> <p>USPSTF Hypertension in Adults: Screening April 2021</p> <p>https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hypertension-in-adults-screening</p>

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<p>Immunizations <i>CDC/ACIP Guidelines</i></p>	<p>CDC 2022 Immunizations Schedules https://www.cdc.gov/vaccines/schedules/index.html https://www.cdc.gov/vaccines/covid-19/index.html</p>
<p>Infertility Counseling</p>	<p>https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2019/06/infertility-workup-for-the-womens-health-specialist</p>
<p>Low Back Pain</p>	<p>Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017) https://www.acpjournals.org/doi/10.7326/M16-2367?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793&</p> <p>Diagnosis and Treatment of Low Back Pain (LBP) (2022) VA/DoD Clinical Practice Guidelines: https://www.healthquality.va.gov/guidelines/pain/lbp/</p>
<p>Major Depressive Disorder <i>APA Guidelines</i></p>	<p>Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts February 2019 https://www.apa.org/depression-guideline/guideline.pdf</p>
<p>Obesity</p>	<p>Behavioral Counseling Interventions to Promote a Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults Without Cardiovascular Disease Risk Factors (July 2022): https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/healthy-lifestyle-and-physical-activity-for-cvd-prevention-adults-without-known-risk-factors-behavioral-counseling</p>
<p>Opioids for Chronic Pain <i>CDC Guideline</i></p>	<p>Use of Opioids in the Management of Chronic Pain (2022) VA/DoD Clinical Practice Guidelines https://www.healthquality.va.gov/guidelines/pain/cot/</p>
<p>Pediatric Preventative Health Care</p>	<p>American Academy of Pediatrics Periodicity Schedule https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf</p>

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Prenatal Care Guidelines	https://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines
Patient-Centered Contraceptive Counseling	https://www.acog.org/clinical/clinical-guidance/committee-statement/articles/2022/02/patient-centered-contraceptive-counseling
Prenatal Services	Ambulatory Adult Prenatal Care Guideline https://michmed-public.policystat.com/policy/7109717/latest/#autoid-45d62
Preventive Screenings, Counseling and Preventive Medication <i>USPSTF Guidelines (Pediatric, Adult, Senior)</i>	U.S. Preventive Services Task Force (USPSTF) https://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations
Schizophrenia	American Psychiatric Association Treatment of Patients with Schizophrenia (2022) https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841
Sickle Cell Anemia	ASH Clinical Practice Guidelines on Sickle Cell Disease 2020 https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/sickle-cell-disease-guidelines
Substance Use Disorder	American Society of Addiction Medicine Consensus Statement — Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019) https://www.asam.org/quality-care/clinical-guidelines/drug-testing American Society of Addiction Medicine Treatment of Opioid Use Disorder (2020) https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline

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Suicide Prevention	<p>US Department of Veterans Affairs Assessment and Management of Patients at Risk for Suicide (2019) https://www.healthquality.va.gov/guidelines/MH/srb/</p> <p>Substance Abuse and Mental Health Services Administration: 988 Suicide & Crisis Lifeline: https://www.samhsa.gov/find-help/988</p>
Tobacco Cessation	<p>Cessation Material for State Tobacco Control Programs https://www.cdc.gov/tobacco/quit_smoking/cessation/index.htm</p> <p>Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020) https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy</p>
Trauma Informed Care	<p>Fostering Resilience and Recovery: A Change Package https://www.thenationalcouncil.org/resources/fostering-resilience-and-recovery/</p>