

# Roll Up. Reconnect.

## 6 Myths About the COVID-19 Vaccine



### MYTH

The COVID-19 vaccine can alter my DNA

### FACT

mRNA doesn't enter a cell's nucleus and can't change anyone's DNA.



### MYTH

The vaccine is not safe because it was developed so quickly

### FACT

COVID-19 vaccines are safe and effective. The vaccines met the U.S. Food and Drug Administration's (FDA) rigorous safety standards for emergency use authorization (EUA). The Pfizer/BioNTech coronavirus vaccine is fully approved by the U.S. Food and Drug Administration as of August 23, 2021.



### MYTH

People who are pregnant, breastfeeding or have health conditions can't get the vaccine

### FACT

These people can and should get the vaccine. If anyone who is pregnant or has health conditions gets COVID-19, they are at a higher risk for serious illness.



### MYTH

I can get COVID-19 from the vaccine

### FACT

The vaccine can't give you the virus. Instead, it protects you from the virus. It allows your body to recognize and fight the virus if you come into contact with COVID-19.



### MYTH

I already had COVID-19, so I don't need the vaccine

### FACT

Experts don't know how long you are protected from COVID-19 after recovering from the virus. Getting the vaccine will help protect you from possibly getting COVID-19 again.



### MYTH

The COVID-19 vaccine can cause me to become magnetic

### FACT

Receiving a COVID-19 vaccine will not make you magnetic, including at the site of vaccination which is usually your arm. COVID-19 vaccines do not contain ingredients that can produce an electromagnetic field at the site of your injection.

More resources can be found at [aetna.com/covidinfo](https://aetna.com/covidinfo). Staying safe is staying informed.



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