

Dental Care During Pregnancy

Did you know? The health of your teeth and gums is directly connected to your overall health. Be sure to get a regular dental checkup early in your pregnancy.

Dental care during pregnancy is important for the overall health and well-being of both the mother and the baby. Good oral health helps prevent passing cavity-causing bacteria to your baby after birth.

Pregnancy causes hormonal changes that can affect oral health. Neglecting oral care during pregnancy can lead to a range of dental problems, including gum disease. Research shows that gum disease is linked to serious problems such as preterm birth, low birthweight and preeclampsia. This is why maintaining good oral health habits and getting regular dental check-ups are essential for a healthy pregnancy. Expectant mothers should complete at least one dental visit during their pregnancy.

[AetnaBetterHealth.com/Illinois-Medicaid](https://www.aetna.com/better-health/illinois-medicaid)



Aetna Better Health[®]
of Illinois

Take care of baby's teeth, too

The American Academy of Pediatrics (AAP) supports early dental care. This gives babies the best possible start to a healthy smile. Schedule the first dental visit by age 1, or sooner if the first tooth erupts earlier.

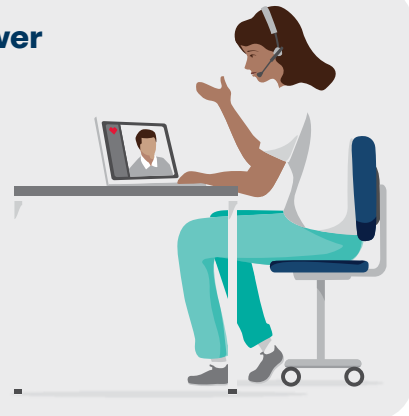
Our eligible pregnant members can get additional dental services before baby's birth. These include:

- Teeth cleaning (1 every 6 months)
- Periodic oral exams (1 every 6 months)
- Periodontal work

Your dentist can provide more oral health care tips and can answer your questions.

Haven't been to the dentist lately? We're here to help. If you don't have a dentist or need support with making an appointment, contact your Aetna® Care Manager by calling **Member Services** at [1-866-329-4701 \(TTY: 711\)](tel:1-866-329-4701).

For more information about dental health or find a provider in your area, visit [DentaQuest](#).



HealthChoice
Illinois
Illinois Department of
Healthcare and Family Services



Aetna Better Health®
of Illinois

Illinois Client Enrollment Services will send you information about your health plan choices when it is time for you to make a health plan choice and during your Open Enrollment period.

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, health status or need for health care services.

English: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call [1-800-385-4104 \(TTY: 711\)](tel:1-800-385-4104).

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [1-800-385-4104 \(TTY: 711\)](tel:1-800-385-4104).

Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer [1-800-385-4104 \(TTY: 711\)](tel:1-800-385-4104).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna). Talk to your doctor first about whether this is right for you.

©2026 Aetna Inc.

7951951-2-01