



Aetna Better Health® of Florida

Aetna Better Health of Florida Covered Services

The following details all expanded benefits available to Aetna Better Health of Florida Medicaid members. For more information please contact Aetna Better Health of Florida at 800-441-5501 or visit www.aetnabetterhealth.com/florida

Aetna Better Health of Florida provides services in the following Regions: 6, 7, and 11

MMA Expanded Benefits

For more information on these benefits, contact Aetna Better Health of Florida Member Services Department at 1-800-441-5501

Service	Description (including limits)	Prior Authorization Required	Phone Number
General Expanded Benefits			
Circumcision (newborns only)	One per lifetime for infants up to 28 days old	No	800-441-5501
CVS Discount Program (20% discount off certain items)	20% off certain OTC drugs	No. Cards are mailed out automatically by CVS. To request a replacement discount card, a member should call member services to get one ordered.	800-441-5501
Doula Services	Unlimited	Yes	800-441-5501
Home Delivered Meals MMA	10 home delivered meals after a hospital discharge, limited to two discharges per year	Yes	800-441-5501
Home Delivered Meals Comprehensive	10 shelf-stable meals prior to a hurricane or other disaster for enrollees with significant nutrition risk, limited to one food delivery per year	No	1-844-645-7371
Housing Assistance (rent, utilities, and/or grocery assistance)	Maximum of two hundred and fifty dollars (\$250) per community-based enrollee per year to assist with a health crisis, personal loss, rent, housing or utilities after the managed care plan has	Yes	1-844-645-7371



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	attempted to assist the enrollee with other avenues of funding; funds shall be paid directly to vendors; benefit may be used in conjunction with the Support to Transition out of a Nursing Facility benefit; however, the total amount for both benefits shall not exceed two thousand and five hundred dollars (\$2500) cumulatively; subject to prior authorization.		
Meal Stipend (available for long distance medical appointment day-trips)	\$100 per day for day trip meal benefit for enrollee and escort; round trip 200 miles or more	Yes	800-441-5501
Over-the-Counter Benefit	\$25/month to spend on an approved list of products	No	800-441-5501
Transportation Services to Non-Medical Appointments/Activities	Weekly within county of residence	No Comprehensive members only	ModivCare formerly LogistiCare Solutions Reservation: 866-799-4463 Ride Assist: 866-799-4464
Adult Expanded Benefits			
Acupuncture Services	Unlimited with prior authorization	Yes	800-441-5501
Art Therapy	Unlimited	Yes	800-441-5501
Behavioral Health Assessment/Evaluation Services	Unlimited, upon authorization: psychiatric evaluation; psychiatric diagnostic evaluation; psychiatric diagnostic evaluation with medical services; brief behavioral health status exam; limited functional assessment, mental health and substance; in-depth	No	Beacon Health Options 844-513-4954



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	assessment, mental health and substance abuse; biopsychosocial evaluation, mental health and substance abuse; psychological testing; mental health assessment by non-physician; administration of patient-focused health risk assessment instrument with scoring and documentation, per standardized instrument		
Behavioral Health Day Services/Day Treatment	Unlimited, upon authorization	Yes	Beacon Health Options 844-513-4954
Behavioral Health Intensive Outpatient Treatment	Unlimited, upon authorization	Yes	Beacon Health Options 844-513-4954
Behavioral Health Medical Services (e.g. medication management, drug screening, etc.)	Unlimited verbal interaction and medication management; unlimited drug screening upon authorization	No	Beacon Health Options 844-513-4954
Behavioral Health Psychosocial Rehabilitation	Unlimited	Yes	Beacon Health Options 844-513-4954
Behavioral Health Screening Services	Unlimited, upon authorization	No	Beacon Health Options 844-513-4954
Chiropractic Services	Unlimited visits, as authorized, for pain management	Yes	800-441-5501
Computerized Cognitive Behavioral Therapy	Unlimited visits for health and behavior assessment and re-assessment; individual, group, and family (with or without the patient present) health and behavior intervention	Yes	Beacon Health Options 844-513-4954
Durable Medical Equipment/Supplies	Unlimited wound care medical supplies; coverage of hypoallergenic bedding, \$100.00 allowance and one (1) set	Yes	800-441-5501
Equine Therapy	Ten (10) sessions per year	Yes	800-441-5501



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Group Therapy (Behavioral Health)	Unlimited group therapy and unlimited brief group medical therapy	No	Beacon Health Options 844-513-4954
Hearing Services	The following services are provided 1 per every 2 years: assessment for hearing aids, hearing aid fitting/checking, hearing aid monaural in ear, behind ear hearing aid, hearing aid dispensing fee, in ear binaural hearing aid, behind ear binaural hearing aid, dispensing fee, behind ear cros hearing aid, cros hearing aid dispensing fee, behind ear bicros hearing aid, dispensing fee bicros, and hearing evaluation	No	HearUSA 855-252-4752
Home Health Nursing/Aide Services	Unlimited visits by a home health aide or certified nurse assistant (per hour and per visit); unlimited nursing care in the home provided by a registered nurse or licensed practical nurse (per hour and per diem); and unlimited personal care services (per 15 minute units and per diem)	Yes	MMA: 1-800-441-5501 Comprehensive: 1-844-645-7371
Homemaker Services (e.g. hypoallergenic carpet cleanings)	2 carpet cleaning per year for adults with asthma	Yes	800-441-5501
Home Visit by a Social Worker	48 visits per year	Yes	800-441-5501
Individual/Family Therapy	Unlimited individual and family therapy, unlimited brief individual psychotherapy, and unlimited training and educational services related to the care and treatment of patient's disabling mental health	No	Beacon Health Options 844-513-4954



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	problems per session (45 minutes or more)		
Massage Therapy	Unlimited	Yes	800-441-5501
Medication Assisted Treatment Services	Unlimited, upon authorization	Yes	Beacon Health Options 844-513-4954
Mental Health Targeted Case Management	Unlimited	Yes	Beacon Health Options 844-513-4954
Nutritional Counseling	Unlimited with prior authorization – nutrition class, initial and subsequent individual medical nutrition, group medical nutrition, and individual and group medical nutrition therapy after a change in diagnosis, medical condition, or treatment regimen	Yes	800-441-5501
Occupational Therapy	One evaluation and one re-evaluation per year, and up to 7 therapy treatment units per week	No Auth required for evaluation or re-evaluation. Auth required for treatment.	Health Network One Phone: 888-550-8800, Option 1 Fax: 855-410-0121
Outpatient Hospital Services	Unlimited	Yes	800-441-5501
Pet Therapy	Unlimited	Yes	800-441-5501
Physical Therapy	One evaluation and one re-evaluation per year, and up to 7 therapy treatment units per week	No Auth required for evaluation or re-evaluation. Auth required for treatment.	Health Network One Phone: 888-550-8800, Option 1 Fax: 855-410-0121
Prenatal Services	Rental of a hospital grade breast pump, one per year with prior authorization; rental of a breast pump, one per two years; 14 antepartum visits for low-risk pregnancies; 18 antepartum visits for high-risk pregnancies; 3 postpartum	Yes	800-441-5501



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	visits within 90 days following delivery		
Primary Care Services	Unlimited outpatient visits	No	800-441-5501
Respiratory Therapy	One initial evaluation and one re-evaluation per year; one respiratory therapy visit per day	Yes	800-441-5501
Speech Therapy	One evaluation and re-evaluation per year; one evaluation of oral an pharyngeal swallowing function per year; up to 7 therapy treatment units per week; one AAC initial evaluation and one AAC re-evaluation per year; up to four 30-minute AAC fitting, adjustment, and training sessions per year	No Auth required for evaluation or re-evaluation. Auth required for treatment.	Health Network One Phone: 888-550-8800, Option 1 Fax: 855-410-0121
Substance Abuse Treatment or Detoxification Services (Outpatient)	Unlimited, upon authorization	Yes	Beacon Health Options 844-513-4954
Therapeutic Behavioral On-Site Services	unlimited	Yes	Beacon Health Options 844-513-4954
Vaccine – Influenza	Two (2) vaccinations per year	No	800-441-5501
Vaccine – Pneumonia	One (1) vaccination every five (5) years	No	800-441-5501
Vaccine – Shingles	One (1) vaccination per lifetime	Yes, if less than 60 years of age	800-441-5501
Vaccine – TDaP	One (1) vaccination every pregnancy	No	800-441-5501
Vision Services	1 pair of frames per year, one eye exam per year. The following contact lenses are dispensed in a 6-month supply with a prescription: PMMA, toric or prism ballast, per lens; gas permeable, toric, prism ballast, per lens; gas permeable, extended	No Prior authorization is required for any services or materials that are beyond what is routinely covered.	iCare Health Solutions 855-373-7627



	wear, per lens, hydrophilic, spherical, per lens, hydrophilic, toric, or prism ballast, per lens, hydrophilic extended wear, per lens; contact lens, other type		
Waived Copayments	<p>No copays for:</p> <ul style="list-style-type: none"> ▪ Chiropractor services ▪ Community behavioral health services ▪ Home health services ▪ Hospital outpatient services ▪ Federally qualified health center visit ▪ Independent laboratory services ▪ Non-emergency transportation services ▪ Nurse practitioner services ▪ Optometrist services ▪ Physician and physician assistant ▪ Podiatrist services ▪ Portable x-ray services ▪ Rural health clinic visit ▪ Use of the hospital emergency department for non-emergency services 	Yes if non participating provider.	800-441-5501
Long-Term Care Services – these services are only available for LTC enrollees			
Assisted Living Facility/Adult Family Care Home – Bed Hold Days	30 day bed hold	No	844-645-7371
Nursing Facility to Community Setting Transition Assistance	Maximum five thousand (\$5000) per enrollee per lifetime to assist with transition costs and/or deposits, household furnishings/supplies and moving expenses.	Yes	844-645-7371



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Covered Health Management Programs

Aetna Better Health of Florida offers programs to help members access care and learn how to manage health conditions, including case management. The following are health management programs available to members. For more information please contact Aetna Better Health of Florida at 800-441-5501 or visit www.aetnabetterhealth.com/florida.

Program Name	Description	Contact Information
Integrated Care Management (ICM)	Case Management to aid in improving member health outcomes by connecting individuals to the right care and services.	800-441-5501
Chronic Condition (Disease) Management	This program works with members to address issues related to their chronic conditions including asthma, cancer, behavioral health, cancer, coronary artery disease, COPD, dementia, diabetes, heart failure, hypertension, dementia/Alzheimer's disease and other special health care needs.	800-441-5501
High Risk Obstetrics	Aetna has partnered with Optum to provide clinical services to our high risk OB population. Optum provides pregnancy prolongation services with OB RN support; nausea and vomiting of pregnancy support; management of diabetes and hypertensive disorders in pregnancy.	800-441-5501
Remote Patient Monitoring	This program provides members, with certain conditions, a method to impact behavior change and improve their abilities to self-manage these conditions. We are currently working with CHF, Uncontrolled HTN and Diabetes.	800-441-5501
Transition of Care	Our transition of care program is designed to assist members as they transition from hospital or nursing home to home by coordinating discharge services, ensuring that medicines are filled, helping to schedule follow up appointments and transportation.	800-441-5501
Healthy Behaviors Programs	These programs provide specific interventions for a subset of our population within the context of ICM. We offer Tobacco Cessation, Weight Management, Substance Use and Prenatal/Postpartum Programs.	800-441-5501

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