



# Aetna Better Health of Florida - Covered Services

The following details all MMA and LTC covered services available to Aetna Better Health of Florida Medicaid members. For more information, please contact Aetna Better Health of Florida at 1-800-441-5501 or visit [www.aetnabetterhealth.com/florida](http://www.aetnabetterhealth.com/florida).

## Aetna Better Health of Florida provider services in the following Regions:

- Tampa (D)
- Orlando (E)
- Miami (I)

## MMA Covered Services

Service	Description	Coverage/Limitations	Prior Authorization Requirements
Addictions Receiving Facility Services	Services used to help people who are struggling with drug or alcohol addiction.	As medically necessary and recommended by us.	Yes
Allergy Services	Services to treat conditions such as sneezing or rashes that are not caused by an illness.	We cover medically necessary blood or skin allergy testing and up to 156 doses per year of allergy shots.	No
Ambulance Transportation Services	Ambulance services are for when you need emergency care while being transported to the hospital or special support when being transported between facilities.	Covered as medically necessary.	Yes, authorization required for hospital-to-hospital transfers only.
Ambulatory Detoxification Services	Services provided to people who are withdrawing from drugs or alcohol	As medically necessary and recommended by us.	Yes
Ambulatory Surgical Center Services	Surgery and other procedures that are performed in a facility that is not the hospital (outpatient).	Covered as medically necessary.	Yes, authorization required for some procedures.
Anesthesia Services	Services to keep you from feeling pain during surgery or other medical procedures.	Covered as medically necessary.	No
Assistive Care Services	Services provided to adults (ages 18 and older) help with activities of daily living and taking	We cover 365/366 days of services per year, as medically necessary.	Yes

Service	Description	Coverage/Limitations	Prior Authorization Requirements
	medication.		
Behavior Analysis (BA)	Structured interventions, strategies, and approaches provided to decrease maladaptive behaviors and increase or reinforce appropriate behaviors.	We cover recipients under the age of 21 years requiring medically necessary services	Yes
Behavioral Health Assessment Services	Services used to detect or diagnose mental illnesses and behavioral health disorders.	We cover, as medically necessary: - One initial assessment per year - One reassessment per year - Up to 150 minutes of brief behavioral health status assessments (no more than 30 minutes in a single day).	No
Behavioral Health Overlay Services	Behavioral health services provided to children (ages 0 – 18) enrolled in a DCF program.	We cover 365/366 days of medically necessary services per year, including therapy, support services and aftercare planning.	Yes
Behavioral Health Services – Child Welfare	A special mental health program for children enrolled in a DCF program.	As medically necessary and recommended by us.	Yes
Cardiovascular Services	Services that treat the heart and circulatory (blood vessels) system.	We cover the following as prescribed by your doctor, when medically necessary: - Cardiac testing - Cardiac surgical procedures - Cardiac devices.	Yes, prior authorization required for some tests and procedures.
Child Health Services Targeted Case Management	Services provided to children (ages 0 - 3) to help them get health care and other services OR Services provided to children (ages 0 – 20) who use medical foster care services.	Child must be enrolled in the DOH Early Steps program OR Your child must be receiving medical foster care services.	No
Chiropractic Services	Diagnosis and manipulative treatment of misalignments of the joints, especially the spinal column, which may cause other disorders by affecting the nerves, muscles, and organs.	We cover, as medically necessary: - 24 patient visits per year, per member - X-rays	No
Clinic Services	Health care services provided in a county health department, federally qualified health center, or a rural health clinic.	Visits to a federally qualified health center or rural health clinic visit, medically necessary.	No

Service	Description	Coverage/Limitations	Prior Authorization Requirements
Community- Based Wrap-Around Services	Services provided by a mental health team to children who are at risk of going into a mental health treatment facility.	As medically necessary and recommended by us.	Yes
Crisis Stabilization Unit Services	Emergency mental health services that are performed in a facility that is not a regular hospital.	As medically necessary and recommended by us.	Notification is required within 24 hours of admission. Authorization is provided for the first 3 days of an emergency involuntary (Baker Act) admission. Prior authorization is required for continued stay.
Dialysis Services	Medical care, tests, and other treatments for the kidneys. This service also includes dialysis supplies, and other supplies that help treat the kidneys.	We cover the following as prescribed by your treating doctor, when medically necessary: - Hemodialysis treatments - Peritoneal dialysis treatments.	Yes
Drop-In Center Services	Services provided in a center that helps homeless people get treatment or housing.	As medically necessary and recommended by us.	No
Durable Medical Equipment and Medical Supplies Services	Medical equipment is used to manage and treat a condition, illness, or injury. Durable medical equipment is used over and over again, and includes things like wheelchairs, braces, crutches, and other items. Medical supplies are items meant for one-time use and then thrown away.	As medically necessary, some service and age limits apply. Call Member Services at 1-800-441-5501 (MMA – Medicaid) or 1-844-645-7371 (LTC) or TTY: 711 for more information.	Yes, prior authorization required for certain equipment and supplies.
Early Intervention Services	Services to children ages 0 - 3 who have developmental delays and other conditions.	We cover medically necessary: - One initial evaluation per lifetime, completed by a team - Up to 3 screenings per year - Up to 3 follow-up evaluations per year - Up to 2 training or support sessions per week.	No
Emergency Transportation Services	Transportation provided by ambulances or air ambulances (helicopter or airplane) to get you	Covered as medically necessary.	No

Service	Description	Coverage/Limitations	Prior Authorization Requirements
	to a hospital because of an emergency.		
Evaluation and Management Services	Services for doctor's visits to stay healthy and prevent or treat illness.	We cover medically necessary: - One adult health screening (check-up) per year - Well child visits are provided based on age and developmental needs - One visit per month for people living in nursing facilities - Up to two office visits per month for adults to treat illnesses or conditions.	No
Family Therapy Services	Services for families to have therapy sessions with a mental health professional.	We cover medically necessary: - Up to 26 hours per year.	No
Family Training and Counseling for Child Development	Services to support a family during their child's mental health treatment.	As medically necessary and recommended by us.	No
Gastrointestinal Services	Services to treat conditions, illnesses, or diseases of the stomach or digestion system.	We cover: - Covered as medically necessary.	Yes, prior authorization required for certain tests and procedures.
Genitourinary Services	Services to treat conditions, illnesses, or diseases of the genitals or urinary system.	We cover: - Covered as medically necessary.	Yes, prior authorization required for certain tests and procedures.
Group Therapy Services	Services for a group of people to have therapy sessions with a mental health professional.	We cover medically necessary: - Up to 39 hours per year.	No
Hearing Services	Hearing tests, treatments and supplies that help diagnose or treat problems with your hearing. This includes hearing aids and repairs.	We cover hearing tests and the following as prescribed by your doctor, when medically necessary: - Cochlear implants - One new hearing aid per ear, once every 3 years - Repairs	No
Home Health Services	Nursing services and medical assistance provided in your home to help you manage or recover from a medical condition, illness or injury.	We cover, when medically necessary: - Up to 4 visits per day for pregnant recipients and recipients ages 0-20	Yes

Service	Description	Coverage/Limitations	Prior Authorization Requirements
		- Up to 3 visits per day for all other recipients.	
Hospice Services	Medical care, treatment, and emotional support services for people with terminal illnesses or who are at the end of their lives to help keep them comfortable and pain free. Support services are also available for family members or caregivers.	- Covered as medically necessary - Copayment: See information on Patient Responsibility for copayment information you may have Patient Responsibility for hospice services whether living at home, in a facility, or in a nursing facility.	Yes
Individual Therapy Services	Services for people to have one-to-one therapy sessions with a mental health professional.	We cover medically necessary: - Up to 26 hours per year	No
Infant Mental Health Pre and Post Testing Services	Testing services by a mental health professional with special training in infants and young children.	As medically necessary and recommended by us.	Yes
Inpatient Hospital Services	Medical care that you get while you are in the hospital. This can include any tests, medicines, therapies and treatments, visits from doctors and equipment that is used to treat you.	We cover the following inpatient hospital services based on age and situation, when medically necessary: - Up to 365/366 days for recipients ages 0-20 - Up to 45 days for all other recipients (extra days are covered for emergencies).	Yes
Integumentary Services	Services to diagnose or treat skin conditions, illnesses or diseases.	Covered as medically necessary.	Yes, prior authorization required for certain tests and procedures.
Laboratory Services	Services that test blood, urine, saliva or other items from the body for conditions, illnesses or diseases.	Covered as medically necessary.	Yes, prior authorization required for genetic testing.
Medical Foster Care Services	Services that help children with health problems who live in foster care homes.	Must be in the custody of the Department of Children and Families.	No
Medication Assisted Treatment Services	Services used to help people who are struggling with drug addiction.	Covered as medically necessary.	No
Medication	Services to help people	Covered as medically	No

Service	Description	Coverage/Limitations	Prior Authorization Requirements
Management Services	understand and make the best choices for taking medication.	necessary.	
Mental Health Partial Hospitalization Program Services	Treatment provided for more than 3 hours per day, several days per week, for people who are recovering from mental illness.	As medically necessary and recommended by us.	Yes
Mental Health Targeted Case Management	Services to help get medical and behavioral health care for people with mental illnesses.	Covered as medically necessary.	Yes
Mobile Crisis Assessment and Intervention Services	A team of health care professionals who provide emergency mental health services, usually in people's homes.	As medically necessary and recommended by us.	No
Multisystemic Therapy Services	An intensive service focused on the family for children at risk of residential mental health treatment.	As medically necessary and recommended by us.	Initial prior authorization not required. If the service exceeds 104 units, prior authorization is required.
Neurology Services	Services to diagnose or treat conditions, illnesses or diseases of the brain, spinal cord or nervous system.	Covered as medically necessary.	Yes, prior authorization required for certain tests and procedures.
Non-Emergency Transportation Services	Transportation to and from all of your medical appointments. This could be on the bus, a van that can transport disabled people, a taxi, or other kinds of vehicles.	We cover the following services for recipients who have no transportation: - Out-of-state travel - Transfers between hospitals or facilities - Escorts when medically necessary.	Yes, prior authorization is needed for travel over 50 miles.
Nursing Facility Services	Medical care or nursing care that you get while living full-time in a nursing facility. This can be a short-term rehabilitation stay or long-term.	We cover 365/366 days of services in nursing facilities as medically necessary. Copayment: See information on Patient Responsibility for room & board copayment information.	Yes
Occupational Therapy Services	Occupational therapy includes treatments that help you do things in your daily life, like writing, feeding yourself, and using items around the house.	We cover for children ages 0-20 and for adults under the \$1,500 outpatient services cap, as medically necessary: - One initial evaluation per year	Yes

Service	Description	Coverage/Limitations	Prior Authorization Requirements
		<ul style="list-style-type: none"> <li>- Up to 210 minutes of treatment per week</li> <li>- One initial wheelchair evaluation per 5 years We cover for people of all ages, as medically necessary:</li> <li>- Follow-up wheelchair evaluations, one at delivery and one 6-months later.</li> </ul>	
Oral Surgery Services	Services that provide teeth extractions (removals) and to treat other conditions, illnesses or diseases of the mouth and oral cavity.	Covered as medically necessary.	Yes
Orthopedic Services	Services to diagnose or treat conditions, illnesses or diseases of the bones or joints.	Covered as medically necessary.	Yes, prior authorization required for certain tests and procedures.
Outpatient Hospital Services	Medical care that you get while you are in the hospital but are not staying overnight. This can include any tests, medicines, therapies and treatments, visits from doctors and equipment that is used to treat you.	<ul style="list-style-type: none"> <li>- Emergency services are covered as medically necessary</li> <li>- Non-emergency services cannot cost more than \$1,500 per year for recipients ages 21 and over.</li> </ul>	Yes, prior authorization required for certain tests and procedures.
Pain Management Services	Treatments for long-lasting pain that does not get better after other services have been provided.	Covered as medically necessary. Some service limits may apply.	Yes
Partial Hospitalization Services	Services for people leaving a hospital for mental health treatment	As medically necessary and recommended by us.	Yes
Physical Therapy Services	Physical therapy includes exercises, stretching and other treatments to help your body get stronger and feel better after an injury, illness or because of a medical condition.	<p>We cover for children ages 0-20 and for adults under the \$1,500 outpatient services cap, as medically necessary: -</p> <ul style="list-style-type: none"> <li>- One initial evaluation per year</li> <li>- Up to 210 minutes of treatment per week</li> <li>- One initial wheelchair evaluation per 5 years.</li> </ul> <p>We cover for people of all ages, as medically necessary:</p> <ul style="list-style-type: none"> <li>- Follow-up wheelchair evaluations, one at delivery and one 6-months later.</li> </ul>	Yes

Service	Description	Coverage/Limitations	Prior Authorization Requirements
Podiatry Services	Medical care and other treatments for the feet.	We cover, as medically necessary: - Up to 24 office visits per year - Foot and nail care - X-rays and other imaging for the foot, ankle and lower leg - Surgery on the foot, ankle or lower leg.	Yes, prior authorization required for certain tests and procedures.
Prescribed Drug Services	This service is for drugs that are prescribed to you by a doctor or other health care provider.	We cover, as medically necessary: - Up to a 34-day supply of drugs, per prescription - Refills, as prescribed.	Yes, prior authorization required for some drugs.
Private Duty Nursing Services	Nursing services provided in the home to people ages 0 to 20 who need constant care.	We cover, as medically necessary: - Up to 24 hours per day.	Yes
Psychiatric Specialty Hospital Services	Emergency mental health services that are performed in a facility that is not a regular hospital.	As medically necessary and recommended by us.	No
Psychological Testing Services	Tests used to detect or diagnose problems with memory, IQ or other areas.	We cover, as medically necessary: - 10 hours of psychological testing per year.	Yes
Psychosocial Rehabilitation Services	Services to assist people re-enter everyday life. They include help with basic activities such as cooking, managing money and performing household chores.	We cover, as medically necessary: - Up to 480 hours per year.	Yes
Radiology and Nuclear Medicine Services	Services that include imaging such as x-rays, MRIs or CAT scans. They also include portable x-rays.	Covered as medically necessary.	Yes, prior authorization required for some studies.
Regional Perinatal Intensive Care Center Services	Services provided to pregnant women and newborns in hospitals that have special care centers to handle serious conditions.	Covered as medically necessary.	No
Reproductive Services	Services for women who are pregnant or want to become pregnant. They also include family planning services that provide birth control drugs and supplies to help you plan the size of your family.	We cover medically necessary family planning services. You can get these services and supplies from any Medicaid provider; they do not have to be a part of our Plan. You do not need prior approval for these services. These services are free. These services are voluntary and confidential, even if you are under 18 years	No



Service	Description	Coverage/Limitations	Prior Authorization Requirements
		old.	
Respiratory Services	Services that treat conditions, illnesses or diseases of the lungs or respiratory system.	We cover medically necessary: - Respiratory testing - Respiratory surgical procedures - Respiratory device management.	Yes, prior authorization required for certain tests and procedures.
Respiratory Therapy Services	Services for recipients ages 0-20 to help you breathe better while being treated for a respiratory condition, illness or disease.	We cover medically necessary: - One initial evaluation per year - One therapy re-evaluation per 6 months - Up to 210 minutes of therapy treatments per week (maximum of 60 minutes per day).	Yes
Self-Help/Peer Services	Services to help people who are in recovery from an addiction or mental illness.	As medically necessary and recommended by us.	No
Specialized Therapeutic Services	Services provided to children ages 0-20 with mental illnesses or substance use disorders.	We cover the following medically necessary: - Assessments - Foster care services - Group home services.	No
Speech-Language Pathology Services	Services that include tests and treatments help you talk or swallow better.	We cover the following medically necessary services for children ages 0-20: - Communication devices and services - Up to 210 minutes of treatment per week - One initial evaluation per year We cover the following medically necessary services for adults: - One communication evaluation per 5 years.	Yes
Statewide Inpatient Psychiatric Program Services	Services for children with severe mental illnesses that need treatment in the hospital.	Covered as medically necessary for children ages 0-20.	Yes
Substance Abuse Intensive Outpatient Program Services	Treatment provided for more than 3 hours per day, several days per week, for people who are recovering from substance use disorders.	As medically necessary and recommended by us.	Yes
Substance Abuse Short-	Treatment for people who are	As medically necessary and	Yes

Service	Description	Coverage/Limitations	Prior Authorization Requirements
term Residential Treatment Services	recovering from substance use disorders.	recommended by us.	
Therapeutic Behavioral On-Site Services	Services provided by a team to prevent children ages 0-20 with mental illnesses or behavioral health issues from being placed in a hospital or other facility.	We cover medically necessary services: - Up to 9 hours per month.	No
Transplant Services	Services that include all surgery and pre and post-surgical care.	Covered as medically necessary.	Yes
Visual Aid Services	Visual Aids are items such as glasses, contact lenses and prosthetic (fake) eyes	We cover the following medically necessary services when prescribed by your doctor: - Two pairs of eyeglasses for children ages 0-20 - One frame every two years and two lenses every 365 days for adults ages 21 and older - Contact lenses - Prosthetic eyes	No
Visual Care Services	Services that test and treat conditions, illnesses and diseases of the eyes.	Covered as medically necessary	Yes

## Long-Term Care Benefits

The table below lists the Long-Term care services covered by our Plan. Remember, services must be medically necessary in order for us to pay for them.

Service	Description	Prior Authorization Requirements
Adult Companion Care	This service helps you fix meals, do laundry and light housekeeping.	Yes
Adult Day Health Care	Supervision, social programs, and activities provided at an adult day care center during the day. If you are there during mealtimes, you can eat there.	Yes
Assistive Care Services	These are 24-hour services if you live in an adult family care home.	Yes
Assisted Living	These are services that are usually provided in an assisted living facility. Services can include housekeeping, help with bathing, dressing, and eating, medication assistance, and social programs.	Yes
Attendant Nursing Care	Nursing services and medical assistance provided in your home to help you manage or recover from a medical condition, illness, or injury.	Yes
Behavioral Management	Services for mental health or substance abuse needs.	Yes
Caregiver Training	Training and counseling for the people who help take care of you.	Yes
Care Coordination/ Case Management	Services that help you get the services and support you need to live safely and independently. This includes having a case manager and making a plan of care that lists all the services you need and receive.	Yes
Home Accessibility/ Adaptation Services	This service makes changes to your home to help you live and move in your home safely and more easily. It can include changes like installing grab bars in your bathroom or a special toilet seat. It does not include major changes like new carpeting, roof repairs, plumbing systems, etc.	Yes
Home Delivered Meals	This service delivers healthy meals to your home.	Yes
Homemaker Services	This service helps you with general household activities, like meal preparation and routine home chores.	Yes
Hospice	Medical care, treatment, and emotional support services for people with terminal illnesses or who are at the end of their lives to help keep them	Yes

Service	Description	Prior Authorization Requirements
	comfortable and pain free. Support services are also available for family members or caregivers.	
Intermittent and Skilled Nursing	Extra nursing help if you do not need nursing supervision all the time or need it at a regular time.	Yes
Medical Equipment and Supplies	<p>Medical equipment is used to help manage and treat a condition, illness, or injury. Medical equipment is used over and over again, and includes things like wheelchairs, braces, walkers, and other items. Medical supplies are used to treat and manage conditions, illnesses, or injury.</p> <p>Medical supplies include things that are used and then thrown away, like bandages, gloves, and other items.</p>	Yes
Medication Administration	Help taking medications if you can't take medication by yourself.	Yes
Medication Management	A review of all the prescription and over-the-counter medications you are taking.	Yes
Nutritional Assessment/Risk Reduction Services	Education and support for you and your family or caregiver about your diet and the foods you need to eat to stay healthy.	Yes
Nursing Facility Services	Nursing facility services include medical supervision, 24-hour nursing care, help with day-to-day activities, physical therapy, occupational therapy, and speech-language pathology.	Yes
Personal Care	<p>These are in-home services to help you with:</p> <ul style="list-style-type: none"> <li>• Bathing</li> <li>• Dressing</li> <li>• Eating</li> <li>• Personal Hygiene.</li> </ul>	Yes
Personal Emergency Response Systems (PERS)	An electronic device that you can wear or keep near you that lets you call for emergency help anytime.	Yes
Respite Care	This service lets your caregivers take a short break. You can use this service in your home, an Assisted Living Facility or a Nursing Facility.	Yes
Occupational Therapy	Occupational therapy includes treatments that help you do things in your daily life, like writing, feeding yourself, and using items around the house.	Yes

Service	Description	Prior Authorization Requirements
Physical Therapy	Physical therapy includes exercises, stretching, and other treatments to help your body get stronger and feel better after an injury, illness, or because of a medical condition.	Yes
Respiratory Therapy	Respiratory therapy includes treatments that help you breathe better.	Yes
Speech Therapy	Speech therapy includes tests and treatments that help you talk or swallow.	Yes
Structured Family Caregiving	Services provided in your home to help you live at home instead of in a nursing facility.	We may offer the choice to use this service instead of nursing facility services.
Transportation	Transportation to and from all of your LTC program services. This could be on the bus, a van that can transport disabled people, a taxi, or other kinds of vehicles.	Yes